

# RESOURCE GUIDE 2013





## Letter from Steve

Dear Friends of One More Soul,

Greetings and best wishes to you in the name of the Lord!

The One More Soul family of workers and supporters is very pleased to bring you this One More Soul 2013 Resource Guide. It is based on our review of many, many resources and selection of only what we believe to be the very best available. Please make us aware of excellent materials not included here on the topics we address.

I pray that you will treasure this "Resource Guide" and find One More Soul a comprehensive source of *support for your diocese, parish, school, medical office, and other ministries and apostolates which foster purity, marriage, chastity, and family life.*

One More Soul exists to serve Jesus and his Bride — the Church. Please call (800-307-7685) or write me (Steve@omsoul.com). We do our best to serve you.

My God bless you and all those you serve.

Director

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# Sterilization Reversal

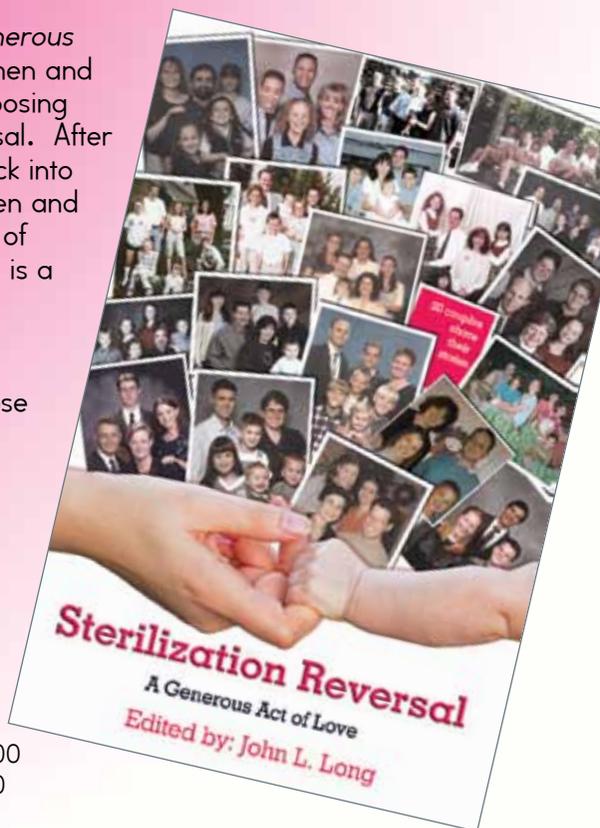
A Generous Act of Love

Edited by: John L Long

**10TH ANNIVERSARY EDITION!**

The book, *Sterilization Reversal, A Generous Act of Love*, has helped hundreds of men and women through the difficult time of choosing and living through a sterilization reversal. After ten years, we are finally bringing it back into print. In a country where millions of men and women have lost their fertility because of pressure from our current culture, this is a resource of inestimable value.

This wonderful book tells the touching personal stories of 20 couples who chose sterilization as a solution for family difficulties and then were given the grace to choose healing and wholeness in a radical way. The book includes articles by two doctors about the medical aspects of reversing sterilization along with articles by a bishop and a priest discussing the spiritual aspects of sterilization and reversal.



Softcover      BSRA      296 pp.      \$12.00  
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# ONE MORE SOUL

## Our History, Philosophy, Theology, and Branding

One More Soul (OMS) is an organization founded and maintained by people committed to their Catholic Faith. This Catholic-rooted apostolate was conceived in the minds of Mary Ann Walsh and Steve Koob as a result of their common love for preborn children and almighty God. They realized that abortion and contraception were intrinsically intertwined evils, with contraception being the root cause for abortion. In 1992, they resolved to spend their remaining years helping others understand not just the evil of contraception, but more importantly, the infinite blessing of a child. This Preface to the 2013 One More Soul Resource Guide will help you appreciate our purpose in making these educational resources available.

### History

Steve and Mary Ann were both involved in their large families, parishes, and anti-abortion work throughout the 1980s, and began to work together at Dayton Right to Life Society in 1985. Between them, they covered the gamut of pro-life activities—education, legislation, politics, activism and support for abortion-vulnerable women. In 1992, they realized that contraception was the root cause for abortion.<sup>1</sup> With that realization, they began the formidable task of finding, developing, and distributing resources for explaining the harm of birth control and the blessings of children. The following year, One More Soul became an Ohio not-for-profit corporation, and received IRS recognition as a tax exempt charitable organization 501(c)(3).

OMS's first resources were Janet E



Smith's "The Connection between Contraception and Abortion" and Bishop Glennon P Flavin's, "In Obedience to Christ: A Pastoral Letter to Catholic Couples and Physicians on the Issue of Contraception." Encouraging articles were beginning to appear, notably by Fathers Charles Mangan and David Meconi, SJ. Pope Paul VI's *Humanae Vitae* always resonated well, and has been a constant source of inspiration. Janet Smith's 1994 Ohio speaking tour



resulted in the talk “Contraception: Why Not” which rapidly became One More Soul’s most recognized resource, with over one million copies distributed in a variety of formats.

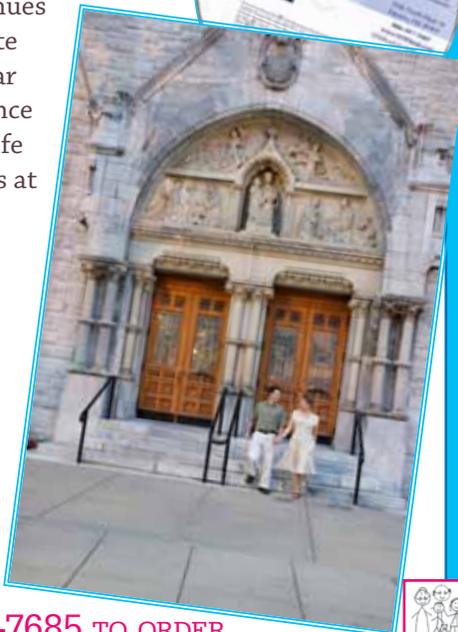
For the following 18 years, OMS continued to add educational resources for helping people understand and accept God’s plan for chastity, marriage, sex, and children. The “One More Soul” name, and a distinctive logo inspired by Michelangelo’s “The Creation of Adam”, emphasize our primary mission—encouraging married couples to be open to life—accepting a child as the supreme gift from God to their marriage. Consistent with this “one more soul” focus is our great variety of resources describing the harm of artificial birth control and the benefits of Natural Family Planning. These resources are widely used by parishes, dioceses, pregnancy support centers, and schools to promote healthy bodies, minds, souls, and relationships. Authentic marriage and real health care are promoted by healthcare conferences and a robust web site—[www.OneMoreSoul.com](http://www.OneMoreSoul.com). In 2002, *One More Soul, Canada* became OMS’s lone affiliate organization, though we would welcome OMS affiliates in other countries and in every diocese.

We promote Natural Family Planning (NFP) by teaching couples and individuals, training teachers, and offering many educational resources in a variety of formats. Our online *Directory of NFP-Only Physicians, NFP Teachers, NFP and NaProTechnology Centers* for the USA and Canada is very useful for couples, priests, and physicians.

As important as these resources have been to OMS growth and effectiveness, our most valued resource is people—generous donors of intellectual property and finances, capable and loyal vendors, conscientious trustees, and a talented, loyal and sacrificial staff. Except for a brief sabbatical, Steve Koob has been One More Soul’s Director.

## Philosophy

One More Soul’s philosophical development mimics that of the founders, and to some extent that of the pro-life movement. The already large number of anti-abortion organizations, including over 2000 centers providing all manner of assistance to pregnant women, frees One More Soul (OMS) to focus on its unique apostolate confronting contraception and encouraging married couples to welcome children. However, Mary Ann’s and Steve’s anti-abortion philosophy remains core to all that we do, as it must for all God’s people. How can we as a nation continue to murder our own children? It wrenches the heart and soul to think that we kill thousands of children every day, over 4000 by surgical abortion and an unknown and uncounted number by hormonal birth control methods, artificial reproductive technologies, and embryonic stem cell research. This outrageous disregard for human life continues in spite of clear evidence that life begins at



conception—a fact acknowledged by many who support abortion on demand without restriction.

We believe that abortion will continue as long as contraception is widely accepted. We recognize the anti-life mentality of couples who contracept and abort. All contraceptives do fail—and couples often choose not to use contraceptives; babies happen—then the choice is life or death. It seems obvious that if all those who engage in sexual intercourse (the marriage act—the procreation act) appreciated the blessings of a new human life, there would be no interest in contraception or abortion. Thus, our mission and struggle is finding ways to encourage married couples to accept another child. We are FOR LIFE. We are PRO-CONCEPTION; we are PROCEPTION—the opposite of contraception.

However, we can do nothing worth doing without God. Thus, the next (last?) stop in One More Soul's philosophical evolution is to recognize and support development of a "sense of God". A quote from Blessed John Paul II's 1995 encyclical *Evangelium Vitae—The Gospel of Life* (21 & 23) confirms this need:

When the *sense of God* is lost, there is also a tendency to lose the sense of man, of his dignity and his life.(21) . . . [and] inevitably leads to a practical materialism, which breeds individualism, utilitarianism and hedonism. Here too we see the permanent validity of the words of the Apostle: 'And since they did not see fit to *acknowledge God*, God gave them up to a base mind and to improper conduct' (Rom 1:28). The values of being are replaced by those of having. The only goal which counts is the pursuit of one's own material well-being. The so-called "quality of life" is interpreted primarily or exclusively as economic efficiency, inordinate consumerism, physical beauty and pleasure, to

the neglect of the more profound dimensions--interpersonal, spiritual and religious--of existence.(23)2 (emphasis added)

In other words, our efforts to build a Culture of Life will continue to be frustrated until we develop a *sense of God* and see fit to *acknowledge God*.

Pope Benedict XVI recently echoed his beloved predecessor,

The Incarnation of the Son of God speaks to us of how important man is to God, and God to man. Without God, man ultimately chooses selfishness over solidarity and love, material things over values, having over being. *We must return to God*, so that man may return to being man. With God, even in difficult times or moments of crisis, there is always a horizon of hope: the Incarnation tells us that we are never alone, that God has come to humanity and that he accompanies us.<sup>3</sup> (emphasis added)

The insight of these two great Popes is clear—our efforts to build a Culture of Life and a Civilization of Love—in obedience to God's Second Great Commandment, "Love your neighbor as yourself"—are doomed without a *sense, acknowledgement, and return to God*. Obedience to God's First Great Commandment, "Love God with all your heart, mind and soul" is certainly being called for, and raises two questions: How do we expand our focus to include God? Are there bridges between God and Man to assist our refocusing?

## Theology—A Sense of God

**H**ow can we develop a sense of God? How can we acknowledge God? How can we return to God?

We honor God by our love, praise and worship; we respect and love God by obeying His commands. As Catholics, we honor and show our love for God primarily by our worship service—Holy Mass—the Sacred Liturgy—the Eucharist. Vatican Council II referred to



the Eucharist as the *Source and Summit* of faith and Christian Life. It is at Mass that we receive Jesus in His Word during the Liturgy of the Word, and receive His Body and Blood during the Liturgy of the Eucharist. The Mass then is our primary opportunity for developing a “sense of God”, and it follows that the Mass must be done as well as possible—in performance and participation. Achieving that end will encourage our submission to all God’s Commandments and enhance our quest for a Culture of Life. (See OMS resources on the Mass, BTSL & BMAS.)



We also show our love for God by directing our prayers of praise, thanksgiving and petition to God, and by recognizing God as love, truth, and beauty—this latter being most evident in creation—especially His creation of human life—ourselves, families, friends and communities. By these activities, we will develop our sense of God, acknowledgment of God, and return to God. In the next section we continue our quest for a sense of God by recognizing several bridges between God and Man, and their relationship to the OMS apostolate.

## Theology—Identifying Bridges between God and Man—between the Two Great Commandments

Adjusting our focus to include both God and Man is facilitated by recognizing connections, or bridges, between God and Man: Love, Jesus Christ and His Mother Mary, God’s Genesis Command to be fruitful, and One More Soul. We are all quite familiar with God’s two Great Commandments: “Love the Lord your God with all your heart, mind and soul”; and, “Love your neighbor as yourself.”<sup>24</sup> In the First Great Commandment, we are called to

place God first in our lives. The focus of the Second Great Commandment is on our brothers and sisters in this world, starting with our own family members and extending to all humankind. As the above Papal quotes indicate, these Great Commandments are connected.

Love is the action word in both Great Commandments, and an obvious bridge between them. “Love” is a complex word, useable as noun, verb, adjective and adverb—a word about which more has been written, spoken, sung, and filmed than any other. What does love mean in God’s language? We need only look to the Trinity, Creation, Redemption, and Truth to recognize God’s love and His gifts that flow from His love. By obeying His Commandments, we return His love. Mary’s words at Cana offer a simple summation—“Do whatever He tells you.”

Jesus Christ—both God and Man—is another obvious bridge. As the Word—the Second Person of the Trinity—Jesus existed for all time. At the Annunciation, the Word became Incarnate (took human flesh) in the body of Mary the Virgin. This special moment in time that we celebrate as the Solemnity of the Annunciation (and Incarnation) resets the ageless, endless, universal clock—a new “big bang” that actually did reset the world’s calendars. That



God would come to earth and develop like other human beings in the womb of a mother sends a powerful message about the dignity of every pre-born child, and is a tremendous demonstration of God’s love for all of us, and particularly for those in the earliest and most vulnerable phase of life. The *Solemnity of the Annunciation* is celebrated on the 25th of March (nine months before the Nativity). For many years, One More Soul has joined with a Dayton area parish to offer a special Solemnity Mass with a lecture afterward. We have also planned *Tribute to Mary Concerts and Prayers* in conjunction with the Solemnity celebration. We are pleased to encourage others to comprehend and celebrate this great event (see KCAI & KLJW, page 25). By Mary’s life long connection to Jesus, we recognize her as a part of the Jesus bridge between God and Man.

The GREAT Commandments were preceded by God’s command to Adam and Eve, “be fruitful, multiply, and fill the earth”<sup>5</sup>(Gen 1: 28). This is God’s first command—let us call it the “Genesis Command.” Following the Great Flood, God gave the same command (twice)

to Noah and family in Gen (9:1, 7). It is thus abundantly clear that God wants Heaven and Earth to be heavily populated. God’s “be fruitful, . . .” Genesis mandate is a bridge by the very nature of procreation’s requirement for a soul (life-giving principle) from God, sperm from a man, and ovum from a woman. By the Genesis Command, God transfers responsibility for human creation to man and woman. He relinquishes His creative powers to the creative powers given to man and woman in their combined fertility—an awesome gift, an awesome responsibility, and an awesome trust. However, God did not just leave this fruitfulness mandate to chance. He made us with a bias toward that purpose by designing the act of procreation to be both sacred and joyful. By this clever design, God has virtually assured that we would be “fruitful, multiply, and fill the Earth”. And the joy associated with the procreation act bonds the man and woman together to provide an optimal environment—marriage—for raising those children who are the fruit of their union. The long gestation time for children, and their much longer time to maturity, calls for a life-time commitment of the parents—to each other, their children, grandchildren, and even great-grandchildren. This model for marriage as a life-time commitment between one man and one woman has proven to be the most natural basic unit of society—for the benefit of both Church and state. Happily, many (possibly even most) of the new lives (children) that God allows to be created are welcomed with great joy into a normal family. But sadly, many are conceived outside of marriage, aborted, and even produced in a laboratory—all inconsistent with His plan.

We humbly, yet proudly, believe that One More Soul’s mission of

encouraging married couples to accept the gift of a child is yet another bridge between the Great Commandments.

## Branding—One More Soul Logos

The “One More Soul” name, and a distinctive logo inspired by Michelangelo’s “The Creation of Adam”, emphasize our primary mission—encouraging married couples to be open to life and accept a child as the *supreme* gift from God to their marriage. The soul is depicted as a spark between the fingers of God and Adam—a spark/soul that leaps from Adam to Eve and from them reverberates through the generations to our own children and grandchildren. In his Christmas 2000 *Urbi et Orbi* message

to the world, John Paul II says this:

Between the finger of God and the finger of man stretching out to each other and almost touching, there seems to leap an invisible spark: God communicates to man a tremor of his own life, creating him in his own image and likeness.

We like to think that the Pope’s beautiful message was inspired by One More Soul’s logo! [I plan to ask him when I see him.] This logo depicts our commitment to the 1st great Commandment.

By the second OMS logo—a simple stick family—we intend to represent OMS’s commitment to the 2nd Great Commandment’s focus on love of neighbor, recognizing the family as one’s first neighbor.



We hope and pray that these introductory pages help you appreciate the origins, philosophies, theologies and branding that define One More Soul, and that the resources featured herein will assist you personally and all those you serve in your various apostolates and ministries. May God bless you abundantly.

1. The US Supreme Court admitted this connection in *Planned Parenthood of Southeastern Pennsylvania v Casey*—

for two decades of economic and social developments, people have organized intimate relationships and made choices that define their views of themselves and their places in society, in reliance on the availability of abortion in the event that contraception should fail.

2. [http://www.vatican.va/holy\\_father/john\\_paul\\_ii/encyclicals/documents/hf\\_jp-ii\\_enc\\_25031995\\_evangelium-vitae\\_en.html](http://www.vatican.va/holy_father/john_paul_ii/encyclicals/documents/hf_jp-ii_enc_25031995_evangelium-vitae_en.html) (1995)

3. [http://www.vatican.va/holy\\_father/benedict\\_xvi/homilies/2012/documents/hf\\_ben-xvi\\_hom\\_20121004\\_loreto\\_en.html](http://www.vatican.va/holy_father/benedict_xvi/homilies/2012/documents/hf_ben-xvi_hom_20121004_loreto_en.html) (2012)

4. Matthew 22:36-40 “Teacher, which commandment in the law is the greatest?” He said to him, “You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind. This is the greatest and the first commandment. The second is like it: You shall love your neighbor as yourself. The whole law and the prophets depend on these two commandments.”

5. Some versions have “fertile” rather than “fruitful”, cfex [http://www.vatican.va/archive/ENG0839/\\_INDEX.HTM](http://www.vatican.va/archive/ENG0839/_INDEX.HTM).

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# MARRIAGE & FAMILY LIFE

## “Prove It, God!”...And He Did by Patty Schneier



Patty tells how she started as a typical Catholic contraceptive user and was taken by God on a journey of self-discovery, repentance, and glorious renewal. The presentation is enlivened by sharp personal insights, beautiful singing, and a strong sense of the presence of God.



FOR QUANTITY DISCOUNTS, SEE PAGE 61

CD CPHD 45 min. \$5.00  
MP3 CPHDm 45 min. \$1.00

## “Prove it, God!” Has Changed Lives!

Patty Schneier speaks as a Catholic woman and mother in our modern times. She tells her personal story in words and songs of how God worked in her heart to turn her away from contraception and toward Natural Family Planning. Patty describes her efforts to achieve holiness through daily Mass, the rosary, scripture study, journaling, and Eucharistic Adoration. This quest for holiness was annoying her because she sensed that God was telling her to stop using contraception in her marriage. She didn't think God had any business interfering in her marriage. She finally conceded that God's plan was superior to her and Larry's. They threw out

the birth control and learned Natural Family Planning and have never been happier.

This powerful presentation affected an entire diocese. In October 2007, Bishop Paul Zipfel (now retired) of Bismark North Dakota mailed “Prove It God!”...And He Did to all 25,000 Catholic families in the Diocese. The results were quite phenomenal. Patty's CD became THE topic of conversation; Bishop Zipfel received over 60 communications from people — all positive. There was an increase in lines for reception of Reconciliation, a jump in NFP class attendance, and increases in infant baptisms and seminarians in following years.

Could it happen in YOUR diocese or parish?



# Patty Schneier

Patty Schneier is a St. Louis area cradle Catholic, wife, mother, and former school teacher. She was a contraceptive-using “cafeteria Catholic” until a few years ago. Then God opened her eyes—and her heart—to the truth of the Church’s teaching in a dramatic way. Since then, Patty has been on a mission to share this good news with others!

## Parents Get Real...Talk to your Teen about Love

by Patty Schneier

Nearly the greatest need teens have today is to receive from their parents their hard-earned wisdom about love and sexuality. This is also the toughest thing for parents to talk about to their children. Patty Schneier, an experienced chastity speaker and mother, lays out all the motivation and practical tips parents need to do a great job in this area.

CD CPGR 43 min. \$5.00  
MP3 CPGRm 43 min. \$1.00

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## True Love...How Will I Know?

by Patty Schneier

True love between a man and a woman has to be free, faithful, total, and fruitful. This presentation tells teens how to know the real thing when they see it and what to wait for so they will find real love for their lives.

CD CTLH 48 min. \$5.00  
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DVD DTLH 48 min. \$14.95  
Study Guide KTLH 7 pp. \$0.35

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## Reaching the Cafeteria Catholic

by Patty Schneier

A Catholic wife and mother delivers a passionate plea to priests to be very straightforward with the Church’s teachings on marriage and family. She tells how her marriage and her faith were burdened by contraception for 13 years and describes the wonderful freedom and growth in her marriage (and her relationship with God) since God helped her turn around.

CD CRCC 45 min. \$5.00  
MP3 CRCCm 45 min. \$1.00  
Transcript KRCC 19 pp. \$1.00  
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## What Do We Do Now?

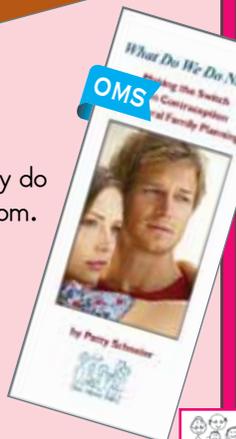
by Patty Schneier

When a couple realizes that contraception is a bad choice, what can they do next? Patty Schneier faced this crisis, and shares her hard-earned wisdom.

Pamphlet PWDW 2 pp. \$0.35

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## The Patty Schneier Collection

Get all of Patty’s wonderful publications and CDs for a special low price! This collection includes four CDs, two booklets and one pamphlet.

Collection SPSC 7 items \$13.95

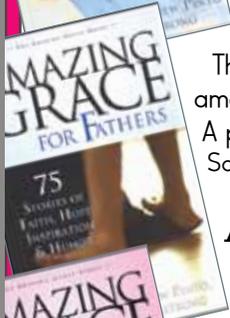


## Amazing Grace for Married Couples

by Jeff Cavins, Matthew Pinto and Patti Armstrong

God's amazing grace intervened to save the marriages of twelve couples. Their testimonies provide hope and inspiration for those struggling in their own marriages by showing the beauty of God's love and mercy for everyone.

Softcover BAGC 173 pp. \$12.99



## Amazing Grace for Fathers

by Jeff Cavins, Matthew Pinto, Mark & Patti Armstrong

The joys and struggles, strength and love of fatherhood, and how God's amazing grace can work in the lives of "ordinary" fathers and their families.

A perfect gift for any man blessed by God with this awesome vocation.

Softcover BAGF 290 pp. \$13.95

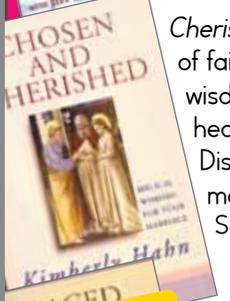


## Amazing Grace for Mothers

by Jeff Cavins, Matthew Pinto, Mark & Patti Armstrong

One hundred and one true stories from mothers, some heartwarming, some heartrending, all of them full of the wonder of human life and the awesome role of the women who bring it forth and nourish it. Very hard to put down.

Softcover BAGM 342 pp. \$13.95



## Chosen and Cherished:

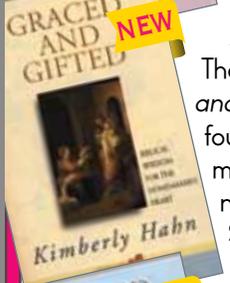
### Biblical Wisdom for Your Marriage

by Kimberly Hahn

The first in a series of Bible studies based on Proverbs 31, *Chosen and Cherished* gives readers the tools to build their marriage on the firm foundation of faith. Kimberly Hahn applies Scripture, Church teaching, and pastoral wisdom to conflict resolution, communication skills, setting financial goals, healing the wounds of unfaithfulness, and cultivating a spirit of generosity.

Discussion questions help readers apply the material to their own lives and make the book a valuable resource for small group discussion.

Softcover BCCH 253 pp. \$14.99

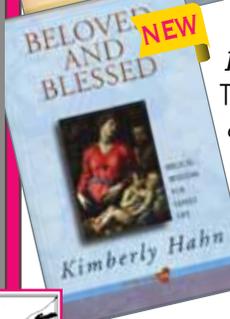


## Graced and Gifted

by Kimberly Hahn

The second in a series of Bible studies based on Proverbs 31, *Graced and Gifted* gives readers more tools to build their marriages on the firm foundation of faith. This volume covers setting priorities, household management, and much more. Several useful appendices are included, notably a set of discussion questions for personal reflection or group use.

Softcover BGAG 242 pp. \$14.99



## Beloved and Blessed

by Kimberly Hahn

The third in a series of Bible studies based on Proverbs 31, *Beloved and Blessed* gives readers more tools to build their marriages on the firm foundation of faith. This volume covers developing intimacy with one's spouse, responsible parenthood, and much more. Several useful appendices are included, notably a set of discussion questions for personal reflection or group use.

Softcover BBEL 276 pp. \$14.99



## The Case for Marriage

by Linda J Waite and Maggie Gallagher

Drawing on a huge volume of current research, this book shows that married persons live longer, have less physical and mental health problems, have higher incomes, and accumulate more wealth than their unmarried counterparts. They even enjoy sex more and have it more often than most others. Marriage also dramatically benefits children. Modern myths about marriage such as that "cohabitation is just as good as marriage," or that "staying together for the sake of the children makes no sense," are thoroughly demolished.

Softcover BCFM 272 pp. \$14.95

## Covenant of Love

by Rev Richard M Hogan, PhD and Rev John M Levoir, MA

From 1979 through 1984, John Paul II presented a new synthesis of Christian doctrine and current philosophy, now known as the "Theology of the Body." Fathers Hogan and Levoir unwrap this treasure. They give a short biography of the Pope and explanations of the Theology of the Body presentations and of *Familiaris Consortio*, the Pope's apostolic exhortation on the family.

Softcover BCOV 329 pp. \$16.95

## Good News About Sex and Marriage

by Christopher West, MTS

Subtitled: "Answers to Your Honest Questions about Catholic Teaching," this book takes dozens of the toughest questions on human sexuality and brings them Christopher West's enthusiasm, great insight, and joy in the truth. In Christopher's hands the most vexing problems in the Catholic approach to sexual love definitely become Good News.

Softcover BGNA 188 pp. \$12.00 **SP**

## Life-Giving Love

by Kimberly Hahn

The author explores God's wonderful plan for the family, as it is revealed in the time-tested teachings of the Catholic Church. Blueprints for building a family abound today, but the countless plans don't all agree, and married couples are often left confused. Kimberly Hahn takes us back to the One who designed marriage in the first place.

Softcover BLGL 348 pp. \$13.99

## Sex and the Marriage Covenant

by John F Kippley

A classic in the field of studies of marriage and sexuality. The author offers profound and penetrating reflections on the nature of marriage as a covenant.

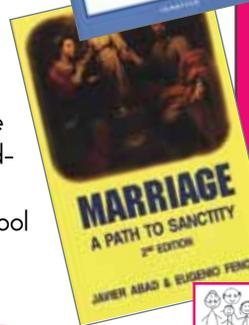
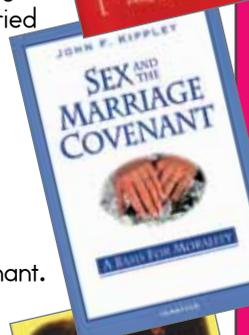
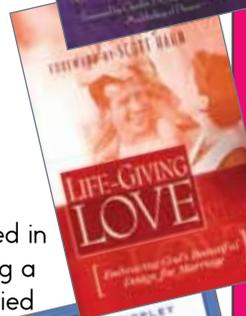
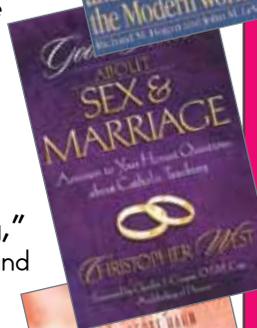
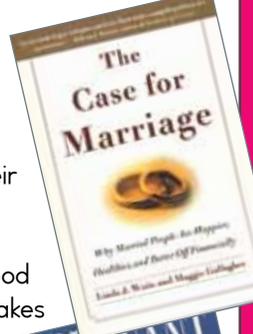
Softcover BSMC 432 pp. \$17.95

## Marriage, A Path to Sanctity

by Javier Abad and Eugenio Fenoy

A marriage manual, packed with practical and spiritually sound guidance for living the vocation of marriage. Dealing with courtship, sexuality, child-rearing, and a wide range of possible marriage problems, the authors apply their wide experience and solid Christian learning. This is a great tool for couples and their spiritual advisors as well.

Softcover BMPS 269 pp. \$10.95



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## Family, Marriage and "De Facto" Unions

by *The Pontifical Council for the Family*

Marriage, the lifelong commitment of a man and woman to one another, open to children, is a fundamental good without which society cannot survive. The Pontifical Council for the Family examines this in detail. They analyze the many forces of our time that attack marriage, and identify the necessary steps for sustaining marriage and family life.

Softcover                      BFMD 73 pp. \$3.95



## Living Together: Myths, Risks, and Answers

by *Mike and Harriet McManus*

Mike and Harriet are the lead promoters of the movement for Community Marriage Policies, an initiative that has significantly reduced the divorce rate in many communities in the United States. Living together without marriage has become a way of life for millions of couples in the US, with devastating consequences for the men, women, and children involved. This book explains the situation and details proven strategies for helping couples achieve a satisfying and long-lasting relationship.

Softcover                      BLTM 234 pp. \$19.99

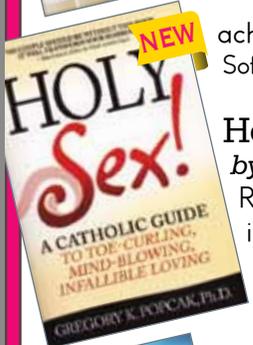


## Holy Sex

by *Gregory K. Popcak, PhD*

Really satisfying sex only happens when two people love each other in ALL areas of their lives and not just in bed. This book offers wonderful tools to help a couple achieve what the author calls "infallible loving," and the tremendous benefits of married love as it was meant to be.

Softcover                      BHSX 333 pp. \$14.95

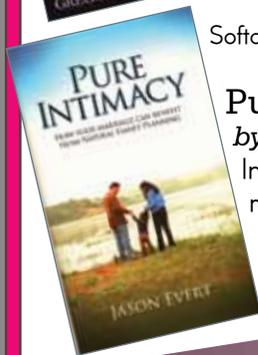


## Pure Intimacy

by *Jason Evert*

In compelling, understandable language, the author describes the many ways that Natural Family Planning supports and enhances marriage. For couples who are reluctant to try NFP, he also answers many objections raised by people who are attracted to using contraception.

Booklet                      KPIN 42 pp. \$2.95



## God's Plan for a Joy Filled Marriage

by *Christopher West, MTS*

*God's Plan for a Joy Filled Marriage* is a one day program for couples preparing for marriage. It gives them the background understanding they need to welcome the Christian approach to marriage and live it enthusiastically.

The couple's workbook contains outlines, readings, reflection materials and more. The instructor's edition includes all the materials from the couple's workbook, plus instruction aids for the presenters.

Couple's workbook                      BJFM 60 pp. \$6.95  
 Instructor's edition                      KJFM 115 pp. \$11.95



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# Marriage Preparation

## Marriage Is for Keeps, Wedding Edition

by John F Kippley

The ultimate marriage preparation book. Discusses the meaning of the marriage commitment, NFP, children, birth control, and many other important topics. Includes the complete Marriage Rite and Readings. This is a perfect engagement present.

Softcover BMFK 166 pp. \$9.95 **SP**

## Until Death Do Us Part

by Fr Robert J Fox and Msgr Charles Mangan

A wonderful "toolbox" for couples preparing for marriage and for those building a new life together. In the face of all our culture's twisted ideas about sex, this book gives a couple what they need to start a happy and holy marriage.

Softcover BUDP 115 pp. \$6.95

## Why NFP? Understanding Chastity in Marriage

by Jason Evert, MA

In this talk, Jason speaks to a group of engaged couples on the benefits of chastity within marriage. Full of vital information and filled with characteristic humor, Jason's talk will help every couple, whether newly engaged or already married. The use of Natural Family Planning (NFP) within marriage is beautifully discussed.

CD CUCM 52 min. \$10.95

## When Two Become One

### An Introduction to Sacramental Marriage

by Msgr Jim Lisante

For couples in Pre Cana, any marriage preparation program, or anyone who wants to know more about marriage in the Catholic Church. This presentation covers the meaning and importance of a Church wedding, and what the Church teaches on sacramental marriage, love, sexuality, pre-marital sex, natural family planning, and much more.

DVD DWTO 25 min. \$15.00

## First Comes Love

Here, in tabloid form, is everything you wanted to tell couples preparing for marriage, all in one eye-catching package. Here is one source about everything that makes marriage a lasting joy: finding the right mate, the blessings of children, the value of

Natural Family Planning, how chastity works inside of marriage, and much more.

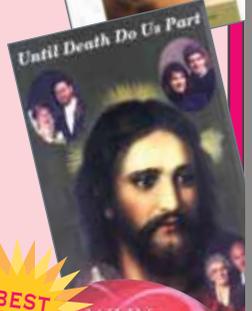
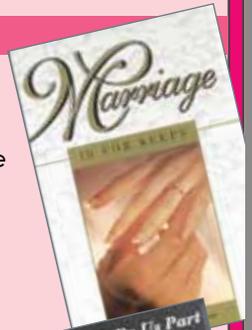
FOR QUANTITY DISCOUNTS, SEE PAGE 61

Newspaper KFCL 20 pp. \$2.50

## Marriage Preparation Bundle

A great wedding gift, marriage prep resource, etc. No better gift could be given a young couple than to turn them away from contraception and to the joy of unrestricted self-giving. Includes one book, two CDs, five booklets, and 5 pamphlets

Bundle SMAR 13 items \$29.95



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## The Privilege of Being a Woman

by Dr. Alice von Hildebrand

Dr. Alice von Hildebrand shows that feminism's attempts to gain equality with men by imitation of men is unnatural, foolish, destructive, and self-defeating. The Blessed Mother's role in the Incarnation points to the true privilege of being a woman. Mary exhibits the feminine gifts of purity, receptivity to God's word, and life-giving nurturance at their highest.

Softcover BTPW \$7.95

## Self-Giving Love

by Bishop Thomas J Olmsted

A series of articles published by Bishop Thomas Olmsted of Phoenix, encouraging his priests and married couples to enthusiastically accept and promote Natural Family Planning, and to understand and reject the evil of contraception. This is a great read for any pro-family warrior who needs a little encouragement. (Don't we all!) It also clearly and forcefully lays out why and how we need to spread the Church's life-giving teaching about family life.

Booklet KSLG 15 pp. \$1.00

## 4 Keys to Happy Healthy Marriage

by Bonnie Borel-Donahue

Do you want a more fulfilling, more satisfying relationship with your spouse? Based on the four essential characteristics of authentic marital love, this pamphlet will give you quick yet profound insights and the keys to unlocking your heart and the heart of your beloved.

Pamphlet P4KT 2 pp. \$0.35

## Humanae Vitae: A Challenge to Love

by Pope Paul VI

translated by Janet E Smith, PhD

Dr Janet Smith provides a translation of *Humanae Vitae*, directly from the original Latin, and an article on themes and language of the encyclical. Many people consider this translation to be the most accurate and accessible available.

Booklet KHVT 57 pp. \$2.00 SP

## Men, Women, and the Mystery of Love

by Edward Sri, STD

John Paul II's philosophical masterpiece *Love and Responsibility* has been called THE great book of the twentieth century. It takes our understanding of human sexuality and of male-female relationships to levels not previously experienced outside the Bible. In *Men, Women, and the Mystery of Love*, Edward Sri takes the philosophical language of *Love and Responsibility* and opens it up for us with wonderful clarity and effectiveness. This is a great gift to the Church and to all of society.

Softcover BMWM 165 pp. \$12.99

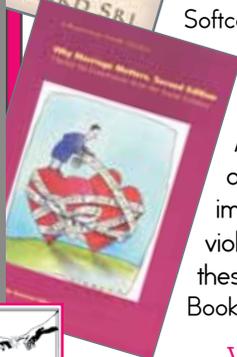
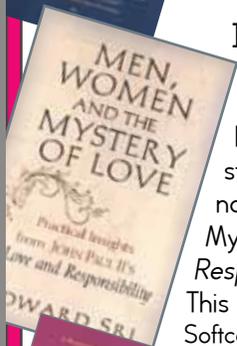
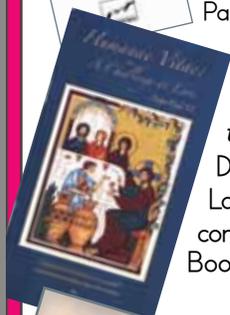
## Why Marriage Matters, 3rd Edition

by W Bradford Wilcox

A huge body of recent research on marriage indicates that stable marriages are a key factor in increasing lifespan, developing financial prosperity, improving health, fostering education of our children, reducing crime and violence, and in many other areas of social concern. This booklet summarizes these impressive findings.

Booklet KWMM 46 pp. \$6.00

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## Confessions of a Catholic Couple

by Mark and Patti Armstrong

Mark and Patti take you through the ruts, rifts and renewal of their own marriage. From the alienation and pain of a contracepted (and later sterilized) marriage, to rediscovery of their faith in God and their love for each other, Mark and Patti share the wisdom they have gained with honesty and humor.

CD CCCC 47 min. \$5.00

MP3 CCCCm 47 min. \$1.00

## Life-Giving Love

by Jason Evert

*Life-Giving Love* is a great course in both the theology and biology of human sexuality. And more than that, it's an antidote to the anti-life mentality so prevalent in our age. Listen and learn how to combat the lies that threaten married couples in body, heart and spirit.

Available as either a CD or DVD.

CD CLGL 74 min. \$9.00

DVD DLGL 74 min. \$19.99

## The Spirituality of Responsible Parenthood

by Bishop Salvatore Cordileone

From an academic perspective, Bishop Cordileone analyses the Church's teachings on love and sexuality. Using direct quotes from John Paul II and other philosophers, he intensely examines both the Church's and our world's understanding of love.

CD CSOR 48 min. \$5.00

MP3 CSORM 48 min. \$1.00

## And the Two Become One

by Christopher West, MTS

Christopher West digs deep into the awesome connection between marriage and Christ's gift of Himself to us in the Eucharist. This presentation is profound, poetic, and deeply moving. Formerly titled *Marriage and the Eucharist*.

CD CTBO 74 min. \$9.95

## Marriage: A Communion of Life and Love

by Bishop Victor E. Galeone

Drawing from Scripture and from common sense, Bishop Galeone shares new insights on the Church's ancient and powerful wisdom about marriage and sexuality. He deals extensively with questions of contraception and Natural Family Planning. Available in English, French, and Spanish.

Pamphlet PMCL 2 pp. \$0.35

SP

## Marriage. . . Honored by All

by Jana Spicka

A great "how to" about living chastity. First sentences: "Remember God in your relationships. He loves you and wants to protect you from the lie of 'safe sex.'"

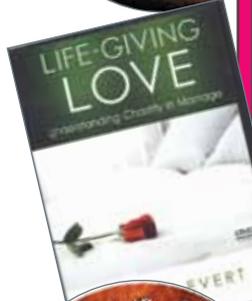
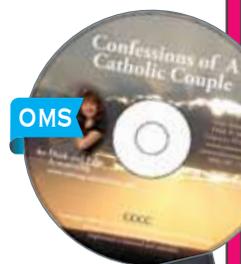
Pamphlet PMHA 2 pp. \$0.50

## Married Love and the Gift of Life

by the US Conference of Catholic Bishops

The United States bishops examine "God's plan for married life and love," and find that it is "far richer and more fulfilling" than the "impoverished, even sad" approach taken by our current culture. They explore the meaning of married love, Natural Family Planning, and the harsh consequences of widespread use of contraceptives. They urge couples to "Be not afraid!" to follow God's plan.

Booklet KMLG 20 pp. \$2.00



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## Death or Life: The Choice Is Ours

by Bishop Victor E Galeone

Marianne Faithfull, the first woman rock star, explained the sexual revolution: "I can tell you in two words why it all happened. THE PILL. When they gave us that pill, there weren't any more rules. And I'm not just talking about sex. There weren't any more rules...about anything!" Starting with this quote, Bishop Galeone explains the great war between the Culture of Life and the Culture of Death and tells us to choose: life or death.  
Booklet KDOL 8 pp. \$1.00

## The Christian and Contraception

by Catholics United for Life

This pamphlet details the impact of Contraception on society and the Christian churches, and issues a challenge for Christians to return to scriptural principles of Family Life  
Pamphlet PCAC 2 pp. \$0.35

## Of Human Life

by Archbishop Charles Chaput, OFM Cap

Archbishop Chaput discusses the disastrous consequences of society's widespread acceptance of contraception. He presents vividly the beauty of married sexual love and shows how this sort of love can never be reconciled to contraception. For priests and laity he answers specific questions and provides powerful encouragement to follow the teaching of *Humanae Vitae*.  
Booklet KOHL 16 pp. \$1.00

## The Bible vs Contraception

by Jason T Adams, MA

Those who think the Bible has nothing to say about contraception have a surprise waiting for them here. This article, taken from the book *Called to Give Life*, traces the Bible's opposition to contraception from Genesis to Revelation with wonderful clarity.  
Pamphlet PBVC 4 pp. \$0.35

## The Challenge of Contraception for Those Who Respect Life

by Teresa Menart, MD

Dr. Menart urges pro-lifers to work against contraception, pointing out that most contraceptives cause abortions and that using contraceptives turns a sexual relationship so much against children that abortion can seem attractive or even necessary.  
Pamphlet PCOC 2 pp. \$0.35 **SP**

## Problems associated with Hormonal Birth Control

by Fr Juan Velez

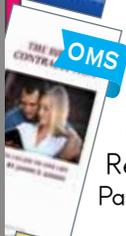
Four physicians who do not prescribe hormonal birth control (HBC) give medical reasons for this decision. They explain that HBC causes many potential adverse effects that are medical, social, and spiritual, and that Natural Family Planning is a healthy and effective alternative.  
Pamphlet PHPB 2 pp. \$0.35 **SP**

## The Prevention Deception: How Not to Reduce Abortions

by Richard M. Doerflinger

Congressional leaders and others have promoted contraception as the key for reducing the number of abortions. History, however, shows that where there is more contraception there is more abortion. Also, many types of contraception act, in part, by causing abortion.  
Pamphlet PTPD 2 pp. \$0.50

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# What a Woman Should Know About Birth Control

by *Chris Kahlenborn, MD*

All the major methods of contraception, with their methods of action and health consequences. Natural Family Planning is also presented briefly as a beneficial alternative.

Pamphlet PWWS 2 pp. \$0.35 **SP**



# Perceiving the Contraception Connection

by *Fr Ray Suriani*

A stirring sermon exhorting people to turn away from contraception and to espouse natural family planning. Fr. Suriani makes the case that contraception is at the root of abortion and many other evils.

Pamphlet PPCC 2 pp. \$0.35



# The Bible and Birth Control

by *Charles D Provan*

The premier resource for the Protestant anticontraception movement. Examines all the Biblical bases for refusing contraception, and also teachings of Martin Luther, John Calvin, Cotton Mather, and others. Contraception is shown to be strongly against God's plan for family life.

Softcover BBAB 97 pp. \$5.00

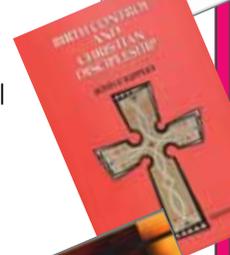


# Birth Control and Christian Discipleship

by *John F Kippley, MD*

Dr. Kippley reviews how all Christian churches strongly condemned contraception up to 1930, but many began accepting it after that, leading to the disastrous sexual revolution. He points out that there is still a clear path for churches to reorient and reject this evil.

Softcover BBCC 45 pp. \$4.50 **SP**



# Catholics and Contraception

by *Leslie Woodcock Tentler*

A scholarly and detailed history of how the US Catholic church handled the issue of contraception from about 1873 to the present. Although very sympathetic to contraception (the author often refers to support for contraception as "reform"), the book provides a wealth of useful information, and ends with a ringing call for US bishops to provide solid moral leadership in this area.

Softcover BCAC 335 pp. \$21.00

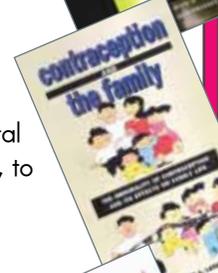


# Contraception and the Family

by *Fr Roberto A Latorre*

A clear and engaging summary of the reasons for the Catholic Church's opposition to contraception, ranging from a compelling explanation of natural law to the bitter consequences of contraception for marriage and family life, to the devastation of the sexual revolution, and to the horror of abortion.

Softcover BCAF 111 pp. \$8.95



# Why Is Contraception Immoral?

by *Jason T Adams, MA*

Contraception is often presented as a mere flaw in an otherwise loving and fruitful marriage relationship. This article, taken from the book *Called to Give Life*, shows exactly how and why contraception obstructs and defeats the generous flow of love between the spouses and God and from one spouse to the other.

Booklet KWIC 13 pp. \$1.00



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## The Contraception of Grief

by Theresa Burke, PhD

This book courageously brings to the table an issue rarely discussed—the abortifacient nature of certain “contraceptives.” Even more, it shares the testimonies of couples who have suffered anguish, grief, and guilt after realizing that they aborted some of their own children. The stories don’t end here, however. These men and women also testify to the hope and healing that they found in Jesus Christ and strive to warn others from going down the same path to destruction.

Softcover BCOG 60 pp. \$8.00



## Does the Birth Control Pill Cause Abortions?

by Randy Alcorn

From a Bible-oriented Christian background and wide knowledge of the subject, the author examines this topic with logic and clarity. He finds very strong evidence that birth control pills cause abortions and NO evidence that they do not, concluding that it can never be ethical for a Christian to use hormonal contraceptives.

Softcover BDBC 109 pp. \$4.00



## New Perspectives on Contraception

by Donald DeMarco, PhD

Examining contraception from ten perspectives, Dr. DeMarco illuminates how contraception separates people from their spouses, from God, and even from their own best interests. He probes the ideas of choice, personhood, suffering, reality, and love, with poignant and often humorous insights.

Softcover BNPC 212 pp. \$12.00  
Digital PDF BNPCpdf 121 pp. \$8.00



## Who's at the Centre of YOUR Marriage... The Pill or Jesus Christ?

by Patrick McCrystal

This book shows that if you want to maximize your chances of marital fulfillment, you absolutely must avoid using contraception. “We cannot solve all the problems of the world, but let us never bring in the worst problem of all and that is to destroy love. And this happens when we tell people to practice contraception.”

Softcover BPJC 176 pp. \$10.00



## Why Contraception Matters

by Stephen Patton

Practically speaking, widespread use of contraception has led directly to massive increases of divorce and abortion. Personal union and yearning for fertility are written physically into the structure of sexual relations, and shutting down one of these aspects hurts the whole relationship. There are practical, workable steps we can take to regain the overflowing life that God desires for us.

CD CWCM 63 min \$5.00  
MP3 CWCMm 63 min. \$1.00  
Pamphlet PWCM 2 pp. \$0.35



## The Pill vs. NFP

by Jose Fernandez, MD

Dr. Fernandez describes the spiritual struggle of removing contraceptives and sterilization from his practice. He then explains the damage (physical, emotional, and relational) from contraception, and the corresponding benefits from Natural Family Planning.

Pamphlet PPVN 2 pp. \$0.35



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## Condom Sense

Short leaflet (less than 300 words), very clear, totally common sense, supported by the latest research. Message: Condoms do not effectively protect against anything!

Pamphlet PCSP 2 pp. \$0.50

## Female Sterilization

by *Liliana Cote de Bejarano MD, MPH*

Explains in simple language what tubal ligation is; the physical, mental and moral consequences that a woman should consider before making the serious decision to become sterile and what alternatives exist.

Pamphlet PFSW 2 pp. \$0.35 **SP**

## The Hurtful Consequences of Artificial Contraception and Sterilization

by *Peggy Powell*

Moving stories of three couples who chose sterilization and later received the grace to reverse this operation.

Pamphlet PHCA 2 pp. \$0.35 **SP**

## The Intra-Uterine Devices (IUD)

by *Liliana Cote de Bejarano, MD, MPH*

This pamphlet explains what every woman should know about the risks associated with the use of the intra-uterine device (IUD).

Pamphlet PIUD 2 pp. \$0.35 **SP**

## The "Morning After Pill" and Other Types of "Emergency Contraception"

by *Liliana Cote de Bejarano, MD, MPH*

This pamphlet covers how effective are contraceptives when used after sexual intercourse and what problems are connected with them.

Pamphlet PMAP 2 pp. \$0.35 **SP**

## Making Sense of the Pill

by *Mary Martin, MD*

Common sense about the Birth Control Pill from an Obstetrician-Gynecologist with many years of experience.

Pamphlet PMSP 2 pp. \$0.35 **SP**

## The Cure

by *Steve Koob, PhD*

Subtitled: How We Got from Contraception for "Serious" Reasons to Abortion for Any and All Reasons, and How to Get Back to Sanity, this pamphlet describes the history of the contraceptive movement's overwhelming success in our day and describes workable strategies for turning this around.

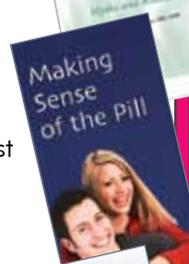
Pamphlet PTCH 2 pp. \$0.35 **SP**

## Faithful Fertility: Discerning Just and Serious Reasons for Postponing Pregnancy

by *Jason T Adams*

Taken from the book *Called to Give Life*, this article explores the reasons a married couple might have for postponing their next child. The author gives sensitive and helpful guidance for couples who want to let God be in control of their fertility.

Booklet KDJA 12 pp. \$1.00



## Love and Fertility

by Mercedes Arzu Wilson

An illustrated how-to manual of the Ovulation Method of fertility appreciation, complete with charts and other helpful materials. The female fertility cycle is compared to the plant growth cycle, and simple, direct instructions are given for achieving or postponing pregnancy. The book collection includes an interactive CD-ROM containing detailed explanations of the Ovulation Method, a charting coach that helps a woman to chart her cycle, and other valuable resources.

Book, charts, stickers, and CD	BLAF	90 pp.	\$38.95	<b>SP</b>
Booklet, charts and stickers	KLAF	87 pp.	\$12.95	
Interactive CD ROM	CLAF	30 min.	\$10.00	

## Love and Fertility Charts

6 month large or small format charts for use with the Love and Fertility series of Natural Family Planning manuals. Includes stickers and explanation.

Large format charts & stickers	ZCHL	8 pp.	\$5.50
Sm. format charts and stickers	ZCHS	7 pp.	\$3.50

## Love and Fertility (DVD)

by Mercedes Arzu Wilson

An illustrated how-to manual of the Ovulation Method of fertility appreciation on video, complete with charts and other helpful materials.

DVD	DLAF	30 min.	\$25.95	<b>SP</b>
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## The Art of Natural Family Planning® Student Guide

by The Couple to Couple League

This is the main resource book of the Couple to Couple League, which mainstreamed the Sympto-Thermal Method of Natural Family Planning. It is stuffed with helpful information including how to apply NFP and how to handle unusual NFP situations.

We also offer set of 16 charts in a handy booklet form. These charts are recommended for use with the Student Guide.

Softcover book	BASG	280 pp.	\$34.95
Booklet of 16 charts	BACB	9 pp.	\$5.00

## The Billings Method: Using the Body's Natural Signal of Fertility to Achieve or Avoid Pregnancy

by Dr Evelyn Billings

Dr Evelyn Billings, with her husband, John, refined the Ovulation Method now used all over the world. In this book she describes in detail how to use the Billings Method and its scientific basis. Today, over a million copies are in print, in 22 languages.

Softcover	BBOM	262 pp.	\$35.00
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## Billings Ovulation Method

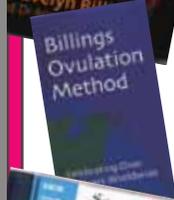
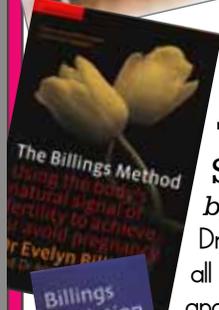
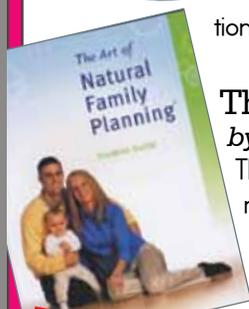
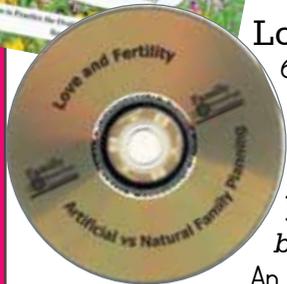
An excellent short summary of the Billings Method of Natural Family Planning, describing the basics of the method and the advantages it has.

Pamphlet	PBOM	2 pp.	\$0.50
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## The Ovulation Method

Clear, amazingly complete instructions on how to use the Billings Ovulation Method to achieve pregnancy. Studies show this method to be 100% effective for normally fertile couples in achieving pregnancy within 6 months. It is also very useful in addressing problems of infertility.

CD	CTOM	33 min.	\$6.00
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# Natural Family Planning: The Complete Approach

by John and Sheila Kippley

Learn all the signs of fertility and how to interpret them. Learn how Natural Family Planning can be 99% effective. Learn how breastfeeding spaces babies. Learn the covenant meaning of the marriage act and improve your marriage. This book will help you follow God's plan for your marriage and for nurturing your baby.

Coil-bound softcover BCAP 156 pp. \$18.95

# Fertility, Cycles and Nutrition 4<sup>th</sup> Edition

by Marilyn M Shannon

How nutritional supplements and basic dieting practices can help with a variety of female health concerns such as regulating menstrual cycles, fertility problems, PMS, and many others.

Softcover BFCN 204 pp. \$24.95

# What Catholics Should Know About NFP

This booklet presents all the basics of Natural Family Planning in clear, concise form, using an attractive mix of text and line drawings. It is particularly good at contrasting the benefit to a marriage from NFP with the problems caused by contraception.

Booklet KWCS 19 pp. \$2.00

# What Is Natural Family Planning?



A complete overview of modern Natural Family Planning, describing methods of NFP, its advantages, potential problems with other forms of family planning, and resources for NFP training.

Pamphlet PNFP 2 pp. \$0.35

SP

# Why Use Natural Family Planning

by Jason T Adams, MA

Natural Family Planning is one of those gifts from God that just keep getting better. This article, taken from the book *Called to Give Life*, presents systematically the good consequences for couples using NFP.

Pamphlet PWUN 2 pp. \$0.35

SP

# Introduction to Natural Family Planning

A great intro to Natural Family Planning. The 30 minute version includes medical background from two doctors and a lot of helpful info and encouragement from NFP users. The 55 minute version also includes narration and two excellent talks by a priest. Developed by the Diocese of Lansing with a grant from Our Sunday Visitor.

DVD DINF 55 min. \$14.95

DVD DNFP 30 min. \$8.95

SP

# Natural Family Planning Bundle

This packet is a great "primer" on the harm caused by contraception and the great alternatives that are available through Natural Family Planning. Includes 5 CDs, 5 pamphlets, 1 booklet, and 1 newspaper supplement.

Bundle SNFP 12 items \$9.95



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## Why Plan Naturally

by Fr Matthew Habiger

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Radio talk show host Ed Horadko hosts a discussion with Fr. Habiger in which they compare the harms of contraception and the benefits of natural family planning for society and the family.

CD CWPN 62 min. \$5.00  
MP3 CWPNm 62 min. \$1.00

## NFP Theology and Morals

by Fr Daniel McCaffrey, STD and Fr Richard Hogan, PhD

OMS

Fr. McCaffrey describes the serious sin of contraception and its remedy through repentance and the Sacrament of Reconciliation. Fr. Hogan explains (from Pope John Paul II's theology) how sex in marriage can be humanly meaningful, even an act of worship.

CD CNOA 70 min. \$5.00  
MP3 CNOAm 70 min. \$1.00

## It Brought Me Back to God

by Eric Scheidler

OMS

The testimony of a man who reluctantly agreed to stop using contraception and try Natural Family Planning in his marriage. What followed, in his heart, his marriage, and his family, was nothing short of a miracle.

CD CIBM 27 min. \$5.00  
MP3 CIBMm 27 min. \$1.00

## Family Planning Choices

by Michelle & Ed, Jackie & Steve, Celeste & Bob, Jamie & David, Teresa & Jon

OMS

Five couples tell, in very moving language, how they discovered the harms of contraception (and sterilization) in their own lives and the blessings that Natural Family Planning has brought to their marriages.

CD CFPC 55 min. \$5.00  
MP3 CFPCm 55 min. \$1.00

## Alternatives to the Pill

by Liliana Cote de Bejarano, MD, MPH



OMS

Oral contraceptive pills, known as "the Pill" are used for contraception and for many women's health problems. Harmful effects of the Pill such as health problems, social problems, ethical problems, etc. have created a need for alternative treatments. Here are explanations of the major uses of the Pill, how it works, and effective alternatives.

Pamphlet PATP 2 pp. \$0.50

SP

## What Do We Do Now?

by Patty Schneier

When a couple realizes that contraception is a bad choice, what can they do next? Patty Schneier faced this crisis, and shares her hard-earned wisdom.

Pamphlet PWDW 2 pp. \$0.35

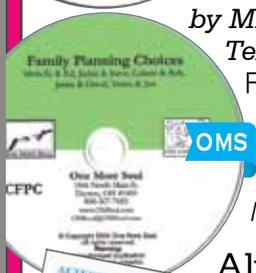
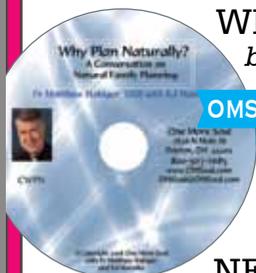
## Man to Man

by The Couple to Couple League

A powerful, persuasive description of how contraception erodes the love a husband wants to give his wife, while Natural Family Planning, especially through its periods of abstinence, nourishes that love.

Pamphlet PMTM 2 pp. \$0.35

VISIT US AT [WWW.OMSOUL.COM](http://WWW.OMSOUL.COM) TO ORDER



## The Infertility Companion for Catholics Spiritual and Practical Support for Couples

by *Angelique Ruhi-Lopez*

*The Infertility Companion for Catholics* is the first book to address not only the medical, emotional, and spiritual dimensions of infertility, but also the particular needs of Catholic couples who desire to understand and follow Church teaching on the use of assisted reproductive technology.

Softcover      BICC      236 pp. \$16.95

## Infertility and Reproductive Technologies: A Guide for Catholics

by *Steven Bozza*

If you or someone you know is struggling with infertility, this pamphlet is an indispensable resource. You will learn about the most common options, whether they are in accord with the teachings of the Catholic Church, and why it matters. But this is much more than a mere checklist of options. This pamphlet offers every infertile couple grace for their journey, a renewed sense of hope about their marriage, and fresh optimism concerning the future of their family.

Booklet      KIRT      6 pp.      \$2.95

## Facing Infertility: A Catholic Approach

by *Jean Dimech-Juchneiwicz*

This practical and wonderful book shows how a couple can face infertility in union with one another and with Jesus. It also gives the necessary details and tools that these couples need in order to successfully survive their infertility journey. A great resource for couples facing a very tough challenge.

Softcover      BFIA      185 pp. \$12.95

## Infertility Journey: Making Faith-Informed Decisions Under the Guiding Hands of God

by *Bruce and Jeannie Hannemann*

This VERY helpful booklet was written for couples struggling with infertility by a couple who intimately experienced the pain of infertility themselves. It is practical, empathetic, and full of solid advice for dealing with infertility both spiritually and emotionally. It also includes and explains the Catholic Church's guidelines for treating infertility.

Booklet      KIJM      21 pp.      \$2.95

## Assisted Reproductive Technology and The Family

by *Helen Alvare, Esq.*

Artificial reproductive technology offers infertile couples the bright promise of parenthood, but under this surface lie the darker realities of disposal of "extra" fetuses, "fetal reduction" (selective abortion), eugenics, children treated as commodities, and great strain on the marriage relationship.

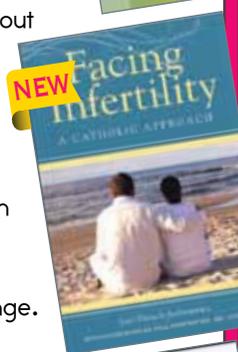
Pamphlet      PART      2 pp.      \$0.50

## Mourning a Miscarriage: Prayers For a Couple Grieving the Death of Their Unborn Child

by *Bruce and Jeannie Hannemann*

Prayers for a couple grieving the death of their unborn child. This booklet invites the grieving parents to express the sorrow of their hearts to the Lord of Compassion.

Booklet      KMAM      17 pp.      \$2.99





## A Change of Heart

by Nancy Campbell

Here are stories of 50 couples who experienced sterilization and, in the light of Bible teaching and with the help of the Holy Spirit, decided to repair the damage. Many were blessed with additional children, but all were blessed with a renewal of their marriage and deepened faith in God. Some stories are humorous, some heart-rending, all deeply touching.  
Softcover BCOH 122 pp. \$12.00



## Sterilization Reversal, A Generous Act of Love

Edited by John Long

Touching personal stories of 20 couples who chose sterilization as a solution for family difficulties and then were given the grace to choose healing and wholeness in a radical way. Appendices cover medical aspects of reversing sterilization and pastoral reflections on sterilization and reversal by a bishop and a moral theologian.

Softcover BSRA 296 pp. \$12.00  
PDF BSRApdf 296 pp. \$6.00



## We Had Everything... But Happiness

by Greg Alexander

"We had our health, six-figure salaries, a beautiful house, two great kids, and a vasectomy. And we were miserable." So begins the story of Greg and Julie Alexander as told in their testimony, "We Had Everything... Except Happiness." What follows these first lines is a story of how God's grace brings healing, wholeness, and happiness.

Pamphlet PWHE 2 pp. \$0.35



## Testimony of Healing: Sterilization Reversal — An Act of Love

by David & Nina Morton

David and Nina Morton chose sterilization (under pressure from many sources). They found that living with sterilization made them progressively more miserable, then found wonderful restoration and healing through reversal of the sterilization.

CD CTHS 49 min. \$5.00  
MP3 CTHSm 49 min. \$1.00

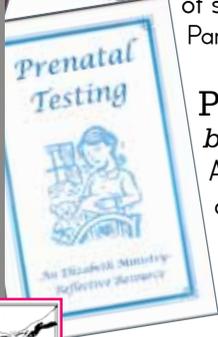


## Vasectomy Safe and Simple?

by Lili Cote de Bejarano, MD, MPH

Although the medical community and most family planning advocates consider vasectomy safe and simple, this pamphlet provides a review of current research on vasectomy that indicates the procedure has a number of short- and long-term complications and is not a healthy choice.

Pamphlet PVSS 2 pp. \$0.35 SP



## Prenatal Testing

by Bruce and Jeannie Hannemann

As modern technology strips away the mystery of the womb, parents are often pressured to make a decision to continue or end a pregnancy based on a "quality control" standard. The purpose of this book is to inspire discussion, reflection and prayer regarding prenatal testing.

Booklet KPTE 21 pp. \$2.99

VISIT US AT [WWW.OMSOU.COM](http://WWW.OMSOU.COM) TO ORDER



## Teaching Fertility Appreciation

by Ross and Lisa Novack

Behavior change is the one and only effective key to the abortion problem. This book gives the necessary tools for teaching a changed lifestyle to clients of a pregnancy support center. It is also an effective tool for presenting chastity to young adults and other single people. The program teaches just how precious our procreative powers are, and how to manage them in a way that builds up our lives.

Booklet KTFA 60 pp. \$1.00

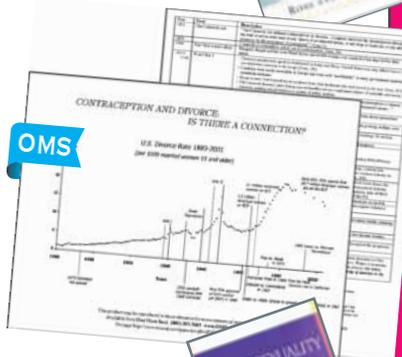


## Divorce graph and table

by Steve Koob, PhD

One of the most devastating effects of contraception is its promotion of divorce and consequent destruction of family life. Here are a graph and historical table illustrating this connection.

Graph ZDGT 2 pp. \$0.10

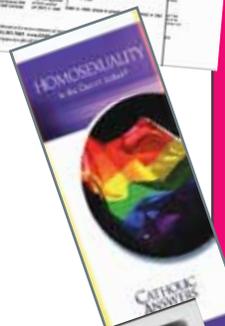


## Homosexuality: Is the Church Unfair?

by Jason Evert

Careful analysis of the delimitas faced by homosexual men and the Catholic Church's ministry to them.

Pamphlet PHOM 2 pp. \$0.35



## The Case Against Same-Sex Marriage Protecting the True Meaning of Marriage

by Christopher West, MTS

The controversy over same-sex "marriage" cannot be resolved by attacking its proponents or by enabling this self-destructive option. Instead, we need to understand and live the goodness God built into human sexuality and to help others, even those who have same-sex attractions, to find the fulfillment they seek by following the pattern God built into our hearts, minds, and bodies.

CD CSSM 125 min. \$19.95



## Obey Mandate or Scripture Newspaper

One More Soul is pleased to offer this "newspaper" response to the Health and Human Services mandate as a supplement to the resources already available from the USCCB and other sources. It is an educational piece that draws attention to several "concerns" prompted by the HHS mandate. They should be concerns for all of us. This is a useful resource for Bible Studies, Faith Sharing, Altar-Rosary, Knights of Columbus, St Vincent DePaul, Catholic Charities and Social Services, Catholic hospitals, high schools, and universities. Please fit this issue into your agenda for as long as required to end the HHS assault on our Constitution and our Church. Our Lord Jesus told us to, "be not afraid", and "cast out into the deep". Our God will provide; our God is merciful; our God has a plan. Our Faith is being tested. How shall we respond?

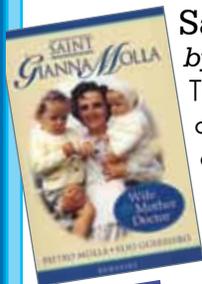
Newspaper MNPB 20 pp. \$1.00



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# CHILDREN ARE BLESSINGS

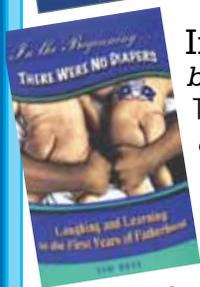


## Saint Gianna Molla: Wife, Mother, Doctor

by *Pietro Molla and Elio Guerriero*

This wonderful biography of St. Gianna tells her life's story, from her childhood, through her professional and family life, and up until the giving of her life for her child. Much of the book is in the form of an interview with Gianna's husband Pietro, and it also includes a section entitled "Gianna's Virtues," the testimony of Pietro for the process of his wife's beatification.

Softcover BSGM 155 pp. \$11.95



## In the Beginning . . . There Were No Diapers

by *Tim Bete*

Tim Bete draws on his fatherly experience and his gift for humorous exaggeration to help us see the good side of caring for children. His insights into children's prayer life can leave you laughing and crying at the same time.

Softcover BTWD 189 pp. \$12.95



## A Full Quiver

by *Rick and Jan Hess*

Parents of ten tell how God led them from their self-centeredness to His own generosity concerning their family size. They encourage other couples to walk the same path and describe the harm that has come to the Church due to family limitation.

Softcover BAFQ 236 pp. \$10.00



## Better by the Dozen, Plus Two

by James and Kathleen Littleton

Birth and raising 14 children (not including 5 already with the Lord) sounds almost easy when Jim and Kathleen share "anecdotes and a philosophy of life from a family of sixteen" in this wonderful book. They spell out for us the great rewards and the challenges of large family living, and they urge "the reader to reevaluate the possibility of having another child [and to be] open to God's will, with a supernatural, faith-filled perspective... There is a great feeling of freedom and peace that one experiences when one steps out in love and trust in our infinitely loving God." You'll want to read this book all in one sitting.

Softcover BBBD 257 pp. \$24.95

## Love is a Choice

This wonderful DVD documentary follows the life of St. Gianna Beretta Molla, a twentieth century wife, mother, and physician, who lived a life of full devotion to her husband, family, and patients, and then gave her life away so that the daughter she held in her womb might live. Now canonized as a Catholic saint, she is a brilliant example of a woman being all she can be. This DVD tells Gianna's story simply and beautifully and includes much video footage of the saint, as well as interviews with her husband and children.

DVD DLAC 52 min. \$25.00 **SP**

## No Greater Love

by Ann Brown

The story of St Gianna Berretta Molla, a modern-day wife, mother, and physician, who fully engaged her faith in her medical practice. In 1962 she faced the agonizing choice between saving her own life and that of her unborn child, and chose to save her child. She is a wonderful reminder that saints still walk among us.

Booklet KNGL 33 pp. \$3.95 **SP**

## Our Unborn Baby Has a Problem

by Bruce and Jeannie Hannemann

Helpful tools for parents whose unborn child has been diagnosed with a serious problem. Stories from couples, tips for working with physicians (who may not have a strong pro-life orientation), and ways of working through the emotional and practical aspects of this crisis.

Booklet KOUB 25 pp. \$2.99

## Stretch Marks: Making Room for One More Soul

by Fran Heider

The story of how a 40-year-old mother of four and her husband received the grace to welcome one more soul into their family. Fran shares her emotional journey and challenge to faith with candor and humor. She compares the stretch marks on her body to the stretch marks on her heart—enabling her to make more room for God's love and providence. On March 30, 2004, the world welcomed Faith Elizabeth, the result of their openness to God's plan.

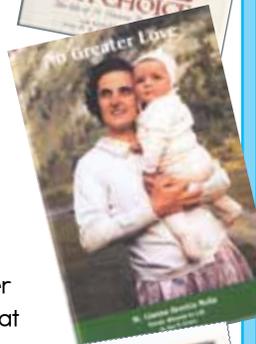
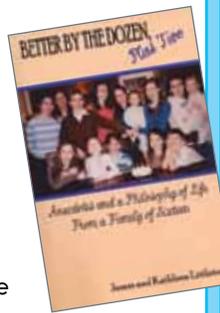
Pamphlet PSMF 2 pp. \$0.35

## The Blessings of Children

by Jason T Adams, MA

Our culture has gone far astray in thinking of children as a curse. This article, taken from the book *Called to Give Life*, shows beautifully and poetically just what a blessing children are.

Pamphlet PTBC 2 pp. \$0.35 **SP**



## Resources for Children

### The Princess and the Kiss

by Jennie Bishop

The *Princess and the Kiss* provides a wonderful resource for parents and is a real delight for children of all ages. Join the princess as she discovers the value of her first kiss and experiences God's provision in a way she never dreamed! Delightful color illustrations by Preston McDaniels. Hardcover BPKS 32 pp. \$12.99

### Coloring book

A coloring book adapted from the book *The Princess and the Kiss*. Helps younger children

reflect on the great gift of purity, and choose to save it for their future spouse.

Softcover ZPKC 16 pp. \$1.95

### Life Lessons from "The Princess and the Kiss"

by Jennie Bishop and Susan Henson

A companion volume for *The Princess and the Kiss*. Drawing on their rich Evangelical Christian heritage, the authors present 21 "life lessons" taken from the story. Each lesson is set up for parents to use in helping their young daughters commit to life-long sexual purity.

Softcover BLLP 57 pp. \$8.95

### The Squire and the Scroll

by Jennie Bishop

As *The Princess and the Kiss* presented purity of heart for girls, this book does so for boys. The squire sets out on a quest to recover the Lantern of Purest Light. The dangers he encounters challenge his purity of heart and teach him valuable lessons for his life.

Hardcover BSAS 36 pp. \$12.99

### Coloring book

A coloring book adapted from the book *The Squire and the Scroll*. Helps younger children reflect on the

great gift of purity, and choose to save it for their future spouse.

Softcover ZSAC 16 pp. \$1.95

### Life Lessons from "The Squire and the Scroll"

by Jennie Bishop and Susan Henson

A companion volume for *The Squire and the Scroll*. Drawing on their rich Evangelical Christian heritage, the authors present 21 "life lessons" taken from the story. Each lesson is set up for parents to use in helping their young sons commit to life-long purity, integrity, and honor.

Softcover BLLS 65 pp. \$9.95

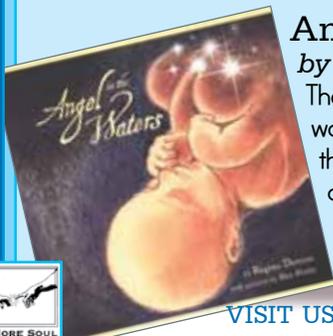
### Angel in the Waters

by Regina Doman

The story of a child in its mother's womb, who grows, explores the waters, and talks with the angel who is also there. The narrative flows through simple, poetical text with simple illustrations chronicling the child's small but momentous journey from life to birth. This is a story every small child will enjoy, for it is also their story.

Softcover BAIW 46 pp. \$6.95

SP

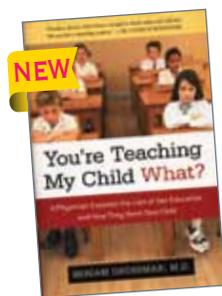


## You're Teaching My Child What?

by *Miriam Grossman, MD*

Dr. Grossman looks into the origins of the sex education movement in the US and the philosophy and lifestyles of its founders. Example: sexuality training for teachers normally included films of people involved in many types of sex acts. This was considered "desensitization" training.

Hardcover BYTW 246 pp. \$24.95

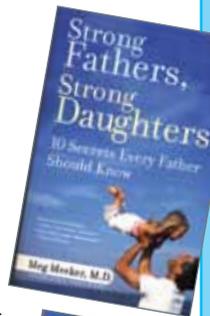


## Strong Fathers, Strong Daughters 10 Secrets Every Father Should Know

by *Meg Meeker, MD*

The essential characteristics and virtues of strong fathers—and how to develop them. Daughters take cues from their fathers on everything from drug use, drinking, smoking, and having sex, to self-esteem, moodiness, and seeking attention from boys. Why girls want you to place restrictions on them (even though they'll complain when you do). This book covers how to become a hero to your daughter—and why she needs that more than anything. It also includes the he mistake fathers make that is the primary cause of girls "hooking up," why girls depend on the guidance of fathers through their college years, and much more. Dads, you are far more powerful than you think you are. Your daughters need the support that only fathers can provide.

Softcover BSFD 267 pp. \$14.95

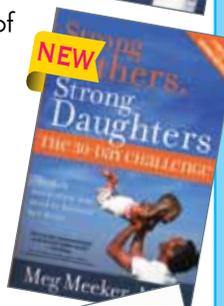


## Strong Fathers, Strong Daughters The 30 Day Challenge

by *Meg Meeker, MD*

*Strong Fathers Strong Daughters: the 30 Day Challenge* is designed to give busy dads the nut and bolts of raising healthy daughters in today's culture. Part devotional, part "how-to" manual, it walks men through what they need to do, on a day-to-day basis, for their girls as they grow from toddlers to teens.

Softcover BSFC 165 pp. \$14.99



## The Tunnel of Parenthood: Encouragement for the First Five Years

by *Emily Sederstrand*

Encouragement for new parents from a mother of five. She learned that the first five years are the hardest part of motherhood and that rearing a family becomes steadily easier from that point.

Pamphlet PTPP 2 pp. \$0.35

SP



## Why Marriage Matters to Children and to the Common Good

by *Maggie Gallagher*

The tremendous benefits that stable marriages provide for children, for society, and for the Church.

Pamphlet PWMM 2 pp. \$0.50



## Breastfeeding and Catholic Motherhood

by *Sheila Kippley*

From her many years of experience and her wide range of contacts with nursing mothers, the author shares reflections on the spirituality and practice of breastfeeding.

Softcover BBCM 128 pp. \$10.95





## Demographic Winter: the Decline of the Human Family by Rick Stout

Demographic Winter: The Decline of the Human Family seeks to reawaken society to the importance of the stable, intact family, and engender a discussion and greater focus in the media, in academia, in the halls of policy makers, in religious circles, in the committees of civil society and in households around the world. Our hope is that all of these circles will bring to bear on the problems facing the family the tremendous contributions each can uniquely make. In this way, we hope to avert the storm that is now most surely coming on.

DVD DDWD 46 pp. \$19.95

## Demographic Bomb: Demography is Destiny

Explains what happens when countries comprising 80% of the world's economy have plummeting numbers of workers and innovators, falling consumer spending, and not enough young to support the old.

DVD DDBD 55 pp. \$19.95



## Ten Great Reasons to Have Another Child

Today's society puts tremendous pressure on couples to have only one or two children. But our Creator commands husbands and wives to "be fruitful and multiply" (Gen. 9:1). If you have a small family, here are ten great reasons to consider having one more child.

Booklet KTGR 14 pp. \$2.00



## The Best Gift by Mother Teresa

Bookmark: A picture of Mother Teresa and a baby with a quote from her: "...that child is the greatest gift of God."

Bookmark ZBMT \$0.35



## Each child is sent into this world... by John Powell, SJ

A bookmark that affirms the eternal value of each child: "Each child is sent into this world by God with a unique message to deliver, a new song to sing, a personal act of love to bestow."

Bookmark ZECI \$0.35



## God's Biggest Blessings are Often His Little Ones!

Bookmark: God's Biggest Blessings are Often His Little Ones!

Bookmark ZGBB \$0.35



## Glimpse of God (Reflections of a Mother) by Jane Lingo, RN

Bookmark/poem reflecting the eternal value of a child.

Bookmark ZGOG \$0.35



## How can there be too many children?.. by Mother Teresa

Bookmark with a Mother Teresa quote: "How can there be too many children? That is like saying there are too many flowers."

Bookmark ZHCT \$0.35



## I praise you . . .

Bookmark: Picture of a young child in a pile of autumn leaves with Ps. 130:14: "I praise you because I am fearfully and wonderfully made..."

Bookmark ZIPY \$0.35

# Life of Jesus in the Womb: A Meditation and a Prayer

by Kathleen Curran Sweeney



In this beautiful booklet, illustrated with pictures of babies actually developing in the womb, the author offers a reflection on the different stages of development of Jesus within Mary's womb. With each stage, the author gives a reflection on how these developments relate to our lives.  
Booklet KLJW 12 pp. \$2.00



## Celebrating the Annunciation and Incarnation of Jesus

The Annunciation is one of the most wonderful feasts of the Church year because it marks the beginning of God's presence on earth as an unborn child. This booklet guides you through celebrating this feast day by performing a play that acts out the Joyful Mysteries of the rosary. It also provides background information and a list of other useful resources.  
Booklet KCAI 24 pp. \$2.00



## Choose Life Tie

Our "Choose Life" ties are a fun way to let other people know that you are pro-life.  
100% polyester. Dry clean only.  
Tie MCLT \$10.00



## Choose Life Scarf

Let people know that you are pro-life while looking stylish. This cheerful scarf encourages people to "Choose Life."  
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Scarf MCLS \$10.00



## "One More Soul" maternity shirt

This white t-shirt with the caption: "One More Soul" and an arrow pointing to the expected baby lets people know that your child is already a new soul created by God. Available in sizes small, medium, and extra large.

Small T-shirt	MMTSs	\$25.00
Med. T-shirt	MMTSm	\$25.00
XL T-shirt	MMTSxl	\$25.00



## Pro-life Onesies

Our cute onesies come in two varieties. These are perfect gifts for expectant mothers, or for your own little ones!

A. You can let people know that your baby is "One More Soul," and already a wonderful person created by God.

Available in two sizes: 12 months and 18 months.

B. Adorable onesie proclaims for your little one, "I'm a Piece of God's Love." choose pink, green, yellow or blue.

Available in one size: 12-18 months.

Onesie A	MOMO	\$11.00
Onesie B	MGLO	\$9.00

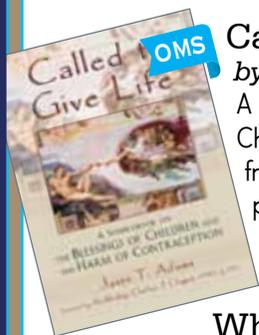


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# FOR THE CLERGY



## Called to Give Life by Jason T Adams, MA

A source book for presenting the ancient and powerful wisdom of the Church on married sexuality. It includes sample homilies; background from Church Fathers, Scripture, and magisterial teaching; and practical pointers for sharing this wisdom. This one is really a treasure chest!

PDF BCTGpdf 149 pp \$6.00

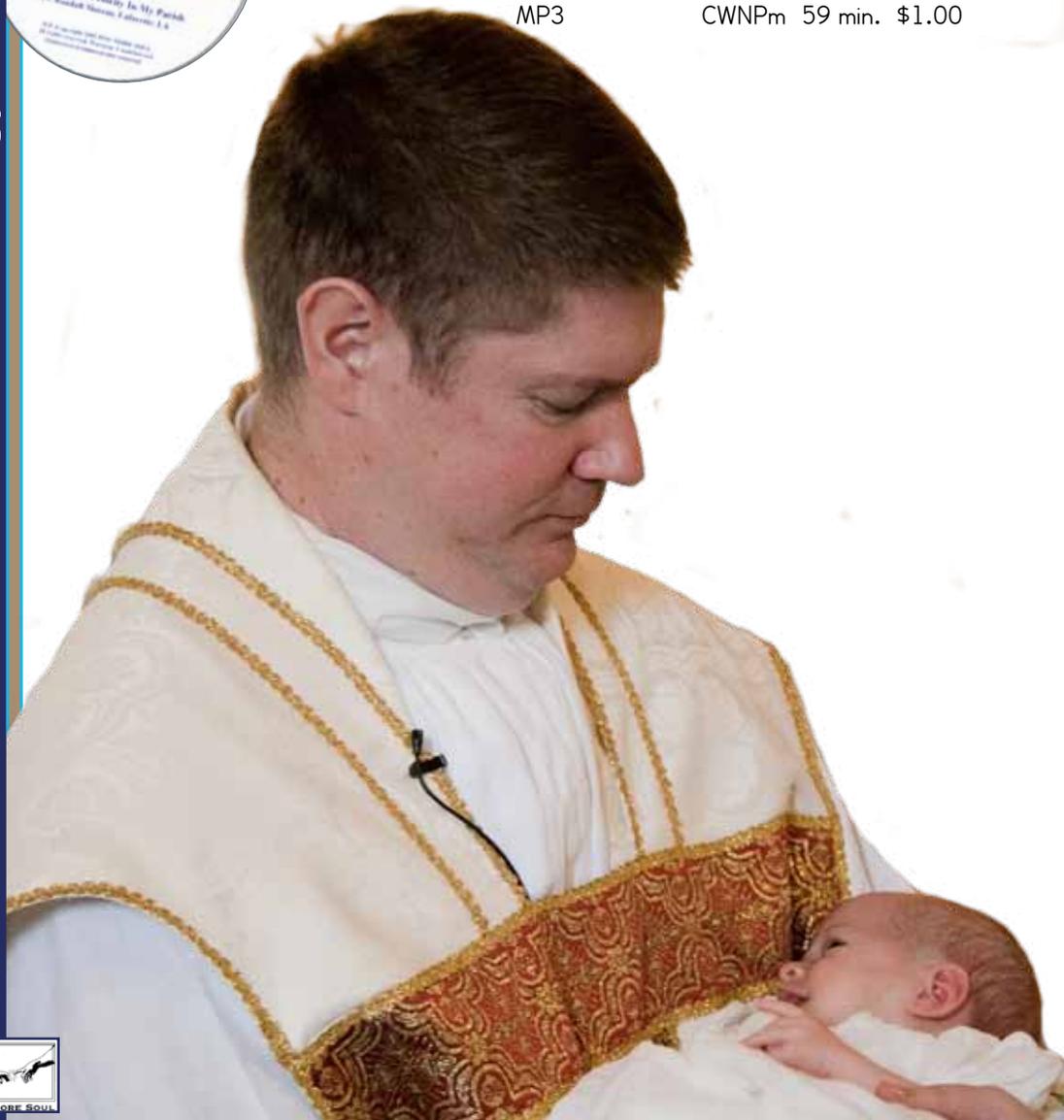
REVISED PRINT EDITION COMING SOON!

## Why NFP Is a Priority in My Parish by Fr Randall Moreau

Fr. Moreau tells why straightforward preaching about NFP is necessary, and explains how he goes about it in his parish. He tells about the wonderful effects he has seen in the parish families, in the wider parish community, and even in the collection basket!



CD CWNP 59 min. \$5.00  
MP3 CWNPm 59 min. \$1.00



# Proclaiming the Theology of the Body: A Seminar for Priests

by *Christopher West, MTS*

In these talks, Christopher West demonstrates how all the “tough issues” of Catholic teaching on marriage and sexuality can be proclaimed in a way that not only makes sense, but demonstrates the beauty of God’s plan for sexuality and the joy of living it. A great resource for explaining and defending the Church’s teaching on marriage and sexuality.

CD CPTB 193 min. \$29.95

## The Spirit of the Liturgy

by *Joseph Cardinal Ratzinger*

Considered by Ratzinger devotees as his greatest work on the Liturgy, this profound and beautifully written treatment of the “great prayer of the Church” will help readers rediscover the Liturgy in all its hidden spiritual wealth and transcendent grandeur as the very center of our Christian life.

Softcover BTSL 232 pp. \$21.95

## The Broken Path

by *Judie Brown*

From a background of many years of nationwide experience in pro-life work, Judie Brown shares how the actions of Catholic bishops have affected pro-life efforts throughout the country. She analyzes why the Catholic public voice has often been confused or stifled in US politics. She mentions various persons, mainly bishops, whose initiatives were problematic. She also highlights many bishops and others whose actions were helpful and often heroic.

Softcover BTBP 269 pp. \$14.95

## How Faith Communities Can Create an NFP Culture

by *Jason T Adams, MA*

Many pastors need help in presenting the Church’s wisdom on married sexuality. This article (taken from *Called to Give Life*, by Jason Adams) presents a wealth of workable suggestions in this area. Example: seven pages of suggested occasions where a homily on Christian marriage would fit right in.

Booklet KHFC 24 pp. \$1.00

## Getting Beyond “I Can’t”

by *Daniel McCaffrey, STD and Matthew Habiger, OSB, PhD*

Two priests, who travel the country giving parish missions, tell of the various reasons pastors have told them for keeping quiet about contraception, sterilization, and Natural Family Planning. They plead from their hearts for pastors to get past these obstacles and give their flock what they need.

Pamphlet PGBI 15 pp. \$1.00

## Reaching the Cafeteria Catholic

by *Patty Schneier*

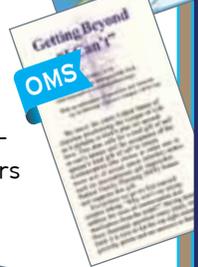
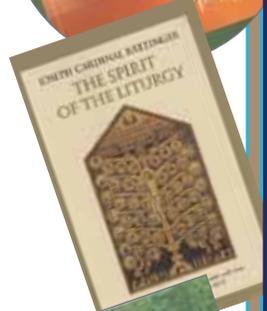
A Catholic wife and mother delivers a passionate plea to the priests to be very straightforward with the Church’s teachings on marriage and family. She tells how her marriage and her faith were burdened by contraception for 13 years and describes the wonderful freedom and growth in her marriage (and her relationship with God) since God helped her turn around.

CD CRCC 45 min \$5.00

MP3 CRCCm 45 min \$1.00

Transcript KRCC 19 pp \$1.00

Set SRCC 2 items \$5.50



For The Clergy

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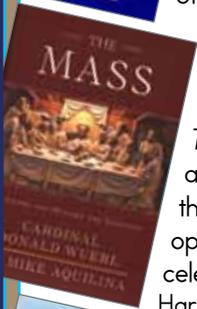


## A Pro-Life Pastoral Handbook

by *Brian Clowes*

This handbook by Dr. Clowes covers topics as Contraception, Abortion, End of life issues, Homosexuality, The Sacrament of Matrimony and Assisted Reproductive Technologies so pastors, seminarians, teachers and lay persons will have a correct understanding of the issues and the Church's response. This book will be a valuable tool in spreading the Gospel of Life and Love and will help people to save lives and souls.

Softcover BAPH 103 pp. \$8.00



## The Mass The Glory, The Mystery, The Tradition

by *Cardinal Donald Wuerl*

*The Mass: The Glory, the Mystery, the Tradition* is an engaging and authoritative guide to Catholicism's most distinctive practice. And now, with the Church using revised language for the Mass, Catholics have a perfect opportunity to renew their understanding of this beautiful and beloved celebration.

Hardcover BMAS 224 pp. \$21.99



## The Appalling Strangeness of the Mercy of God

by *Ruth Pakaluk*

Ruth's inspiring story is told primarily through her humorous, sparkling and insightful letters in which her realistic cheerfulness shines. A biographical overview by her husband fills in important details about her life. This treasure also includes collection of her talks on abortion, faith and being a Catholic wife and mother. Ruth Pakaluk exemplified the powerful integrity of someone who lived what she believed. This commitment was manifested in her consistent affirmation of life even in the face of her own death.

Softcover BASM 272 pp. \$16.95

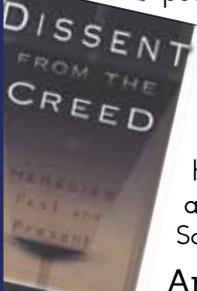


## Cradle of Redeeming Love: The Theology of the Christmas Mystery

by *John Saward*

A wonderful presentation of the divine-human reality of Christmas, drawn from Christian liturgies ancient and modern, from the Fathers and Doctors of the Church, and from wonderful ancient Christian songs. This work is rich, poetic, and insightful.

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## Dissent from the Creed: Heresies Past and Present

by *Fr Richard M Hogan, PhD*

Dissent has been a huge factor in church life in recent generations. Here Fr. Hogan details the dissents that have plagued the Church since the beginning, and gives valuable insight on the role of dissent in Church life today.

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## An Ob/Gyn Talks Straight to Priests About Sex and Marriage

by *Kim Hardey, MD*

Dr. Kim Hardey believes that acceptance of contraception is the most important issue of our time. In this talk, he shares his fascinating story of conversion from freely prescribing and using contraceptives. He talks about the horrible consequences he has seen from the contraceptive lifestyle, and begs priests to be clear and firm in teaching the Church's wisdom on sexuality.

CD CAOB 50 min. \$5.00

MP3 CAOBm 50 min. \$1.00



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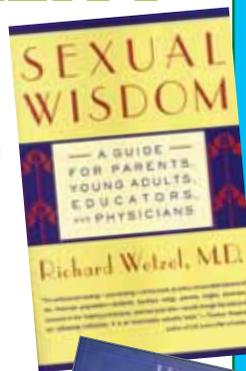
# CHRISTIAN SEXUALITY

## Sexual Wisdom

by *Richard Wetzel, MD*

Working as a family physician, the author had ample opportunity to observe the chaos caused in his patients' lives by false ideas regarding sexuality. He challenges these false ideas with truth based on medical fact, established research, and his own wise thinking.

Softcover      BSWG    333 pp. \$2.00

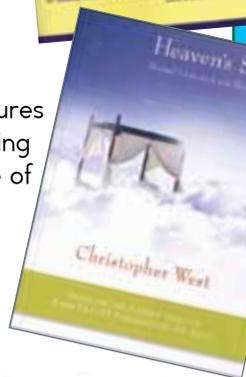


## Heaven's Song

by *Christopher West, MTS*

Within the Theology of the Body, John Paul II composed wonderful teachings on the Song of Songs and on the story of Sarah and Tobias from the book of Tobit. In this book, Christopher West takes these treasures and embeds them in stories of people he has known who received healing for their distorted sexual values through the Theology of the Body. One of the best books on sexuality ever printed.

Softcover      BHSS    189 pp. \$14.99



# Humanae Vitae

## Humanae Vitae: on the Regulation of Birth

by Pope Paul VI

Pope Paul VI is a faithful witness of the consistent teaching of the church in light of our current culture regarding the ethical behavior of married couples, the challenges of birth control, the benefits to marital unity from a true understanding of fertility, and of God's creative power through Christian marriage and the family.

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## Humanae Vitae: A Challenge to Love

by Pope Paul VI

translated by Janet E Smith, PhD

Dr Janet Smith provides a translation of *Humanae Vitae*, directly from the original Latin, and an article on themes and language of the encyclical. Many people consider this translation to be the most accurate and accessible available.

Booklet KHVT 57 pp. \$2.00

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## Catechism on Humanae Vitae

by Msgr. Charles M Mangan

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Softcover BCHV 51 pp. \$3.00

## God's Plan for Life & Humanae Vitae

by Matthew Habiger, OSB

Fr. Habiger, OSB & Brian Murphy, PhD present 16 talks from their many years of providing clergy conferences on *Humanae Vitae* around the world. A direct and concise teaching will help pastors in their ministry.

DVD DGPL \$15.00

## Humanae Vitae: A Generation Later

by Janet E Smith, PhD

Dr. Smith draws from theology, philosophy, and classical studies to examine the arguments for and against Catholic Church teaching on contraception. She includes a heavily annotated translation of *Humanae Vitae* from the original Latin that is especially valuable. This is not light reading, but extremely worthwhile.

Softcover BHVG 425 pp. \$25.95

## Humanae Vitae and Conscience

by Janet E Smith, PhD

Prof. Smith uses statements from saints, from the ecumenical council, and from various encyclicals to outline just what conscience is and is not. She explains with refreshing clarity a topic that is usually fogged in confusion.

CD CHVC 63 min. \$5.95

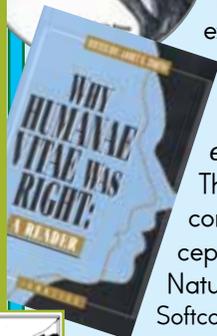
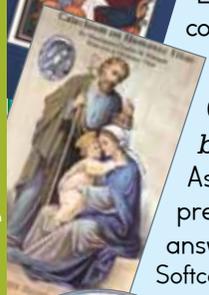
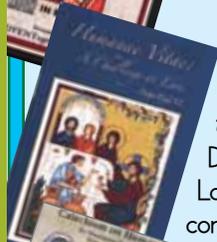
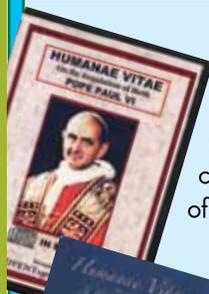
## Why Humanae Vitae Was Right

edited by Janet E Smith, PhD

The editor gathers a stellar group of philosophers and theologians to comment on aspects of *Humanae Vitae*. The Church's teaching on contraception is superbly defended based on the Bible, Church teaching, and Natural Law. This book will make fascinating reading for the serious student.

Softcover BHVV 591 pp. \$27.95

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# Encyclical Letter: God Is Love (Deus Caritas Est)

by Pope Benedict XVI

We all know that love is the answer to the challenges of our world, great and small. In this short document, Pope Benedict XVI helps us focus anew on what life is all about. He uses language that speaks to the human heart and opens up the secrets of God's Heart. This is medicine of life for a world gone sour, and a key we all can use for unlocking the problems of our time.

Booklet	KGIL	38 pp.	\$3.95	<b>SP</b>
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## Vatican on High Tech Conception (Donum Vitae)

by The Congregation for the Doctrine of the Faith

The document discusses modern reproductive technologies and shows how most of them seriously attack the rights, dignity, and/or safety of the new person.

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## On the Meaning of Sex

by J. Budziszewski

J. Budziszewski uses philosophy to combat one of the great fallacies of our time: that pleasure is a good in itself and that sex has no meaning beyond simple satisfaction. This book is engaging, enlightening, and often entertaining. Share with your friends who would like to hear the truth from a non-denominational viewpoint.

Hardback wth dust jacket	BMOS	147 pp.	\$27.95
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## The Truth and Meaning of Human Sexuality

by The Pontifical Council for the Family

The Pontifical Council for the Family explains the what, how, and why of teaching wholesome and healthy sexuality to children. They strongly emphasize the parents' role of educating in matters of love and sexuality.

Softcover	BTAM	95 pp.	\$5.50
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## The Dignity of a Person (Dignitatis Personae)

by The Congregation for the Doctrine of the Faith

A new (2008) and updated version of *Donum Vitae* (the Vatican statement on the rights and dignity of newly conceived humans). With wonderful clarity and passion, the authors discuss numerous reproductive issues: in vitro fertilization, cloning, use of embryonic stem cells, embryo adoption, and much more.

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## Pastoral Letter on Cohabitation Before Marriage

Kansas Catholic Conference

Cohabitation has become enormously popular in our culture, resulting in millions of unstable relationships and great devastation for the partners, for their children, and for society. In this booklet the Kansas Catholic Conference provides clear, practical help for couples caught up in this poisonous situation.

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For those who understand the basics of the Theology of the Body and want to go further, Christopher West shows how to take these teachings into our hearts and to let the interior transformation reshape our lives.

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Pope John Paul II's awesome Theology of the Body, in an easy-to-understand package. Vivid examples and clear explanations make the Pope's revolutionary thought accessible to everyone. A fascinating read. Softcover

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## Theology of the Body, a bold biblical response to the sexual revolution

by Christopher West, MTS

John Paul II's Theology of the Body is a profound reflection on the bible teaching about what it means to be human and about human sexuality. In this talk, Christopher West shows how this teaching is accessible and life-giving for all Bible believing Christians.

CD CTOP 48 min. \$9.95

## John Paul II's Theology of the Body

by Christopher West, MTS

John Paul II revolutionized theology and gave us an entire new perspective on sexuality in his Wednesday teachings during the first few years he was pope. In this talk, Christopher West opens up this wonderful teaching for us.

Compact Disc CTOB 60 min. \$5.00  
MP3 CTOBm 60 min. \$1.00

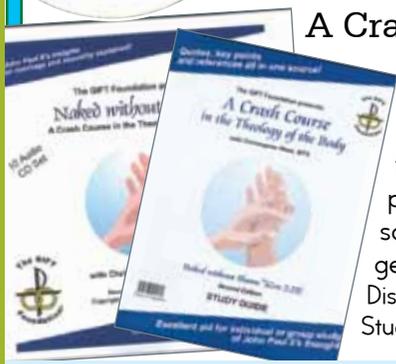
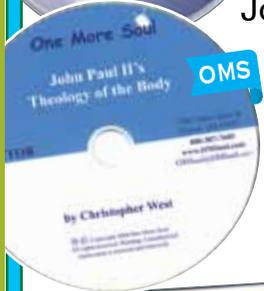
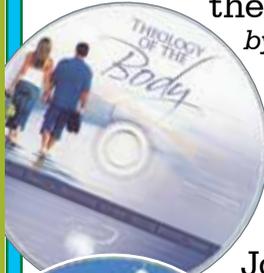
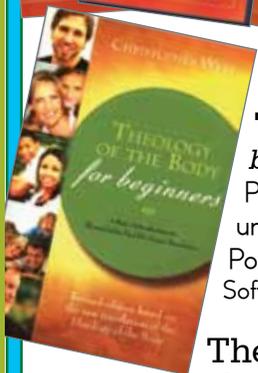


## A Crash Course in the Theology of the Body

by Christopher West, MTS

This lecture series outlines John Paul II's Theology of the Body, a new synthesis that includes an extremely positive approach to Christian sexuality and also gives solutions to moral problems that have caused confusion for generations. Truly a wonderful and innovative presentation.

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# An Introduction to the Theology of the Body

by Christopher West, MTS

Most people have heard the “whats” of Catholic teaching, but very few have heard the “whys”. With profound insight, Christopher West demonstrates that the Church’s teachings on sex and marriage “make sense” and is the “logic” of Christianity because it corresponds perfectly with the deepest stirrings and desires of the human heart. This study is for everyone searching for their ultimate purpose. DVD bundle includes 4 DVDs, Leaders Guide and Student Workbook.

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Leader’s Guide	BITL	\$19.95

## Theology of the Body In Context: Genesis and Growth

by William E May

*Theology of the Body In Context* is not a beginner’s book on John Paul’s teachings; the book assumes a general familiarity with the Theology of the Body and the Pope’s other works. In addition, May’s writing is almost as dense as the Pope’s, requiring patience and discipline to fully comprehend. This authoritative book will primarily appeal to advanced students and those interested in the full depth of John Paul’s teachings.

Softcover BTGG 168 pp. \$16.95

## The Virgin Mary and Theology of the Body

by Donald H. Calloway, MIC

Ten Marian scholars apply Pope John Paul II’s Theology of the Body to the life and person of the Virgin Mary. New insights are gained as the Theology of the Body is examined in light of Marian dogmas, the building up of a Culture of Life, and the Mariologies of Adrienne von Speyr, John Henry Newman, and others.

Softcover BVMT 297 pp. \$14.99

## The Theology of the Body in John Paul II, What It Means, Why It Matters

by Fr Richard M Hogan, PhD

In this illuminating and comprehensive commentary, Fr. Hogan explains why the Theology of the Body speaks so powerfully to a new generation of believers. At the heart of John Paul’s series of talks is the unchanging truth that we are created in God’s image, and so are called to love as God loves and to express that love in and through our bodies. Marriage, sexuality, celibacy, virginity, the resurrection of the body—all of these issues are covered within the pope’s expansive framework.

Softcover BTBW 221 pp. \$12.95

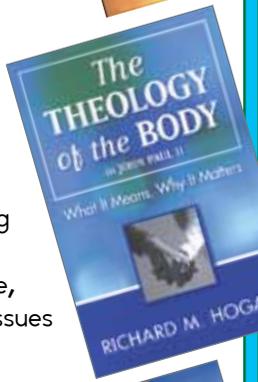
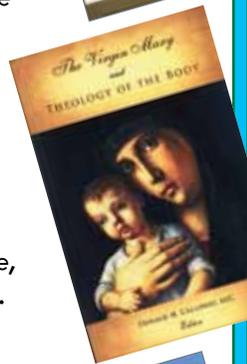
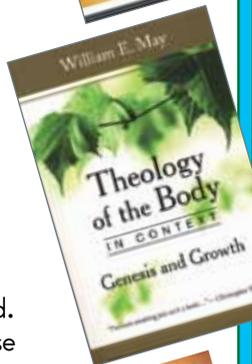
## Freedom:

### 12 Lives Transformed by the Theology of the Body

by Matthew Pinto

The Theology of the Body is a powerful help for realizing our great value as persons and for living free and victorious sexual lives in Jesus. Here are the stories of 12 people who experienced this freedom and victory. The last section is a superb summary of the Theology of the Body by Christopher West.

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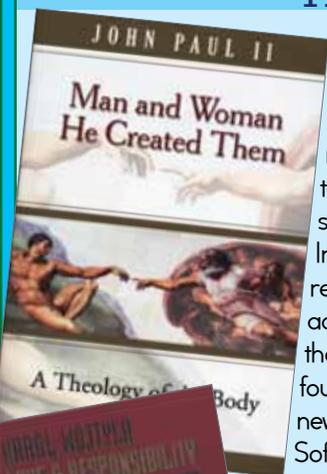


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## The Works of John Paul II



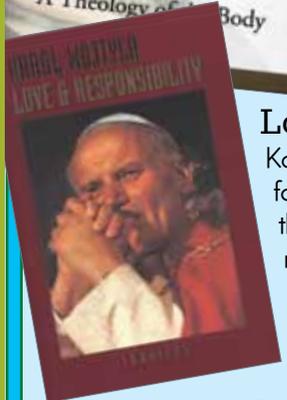
### Man and Woman He Created Them

#### Man and Woman He Created Them

*Translated and introduced by Michael M Waldstein*

At the beginning of his papacy, John Paul II presented to the world a new vision of human sexuality and of the human person. Through 129 talks at his weekly audiences, he revolutionized the Christian understanding of marriage, sexuality, celibacy, and our physical bodies. In this work, biblical scholar Michael M. Waldstein gives us a refined and updated translation of John Paul II's talks, taking great advantage of the nearly thirty years of study scholars have given these topics and of the newly discovered original outlines of the talks found in Vatican archives. He also provides a wonderful introduction, new footnotes throughout, and much more.

Softcover BHCT 735 pp. \$29.95



#### Love and Responsibility

Karol Wojtyla (Pope John Paul II) supplies the philosophical foundation for healthy and healing male-female relationships. As Pope, he took this same body of thought and, starting with Scripture, built his magnificent Theology of the Body. This is a challenging book, but extremely rewarding.

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#### Encyclical: The Gospel of Life

(Evangelium Vitae)

Pope John Paul II presents a detailed "blueprint" for building the Civilization of Love, which is the only effective way to overcome the Culture of Death. He explains how to replace a culture of using people with a culture based on love, and points out that contraception and abortion are fruits from the same tree.

Softcover BGOL 110 pp. \$4.95 **SP**



#### Encyclical: The Role of the Christian Family

(Familiaris Consortio)

This apostolic exhortation provides the map for Christian marriage and family life in its moral, spiritual and evangelical dimensions. It gives detailed strategies for families to achieve their high destiny as the source of true civilization, the Civilization of Love.

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#### Encyclical: Faith and Reason

(Fides Et Ratio)

Pope John Paul II examines the ways faith and philosophy need to support each other. Much harm has been done by the false assumption of a conflict between science and religion, between faith and reason. In this work John Paul II settles this issue.

Softcover BFER 131 pp. \$4.95 **SP**

#### Encyclical Letter: Splendor of Truth

(Veritatis Splendor)

Our modern culture has totally lost the foundations of morality. John Paul II shows with wonderful clarity how we can know the truth and follow it.

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by Christopher West, MTS

Christopher West illuminates love's two dimensions—eros (human) and agape (divine), using key passages from Benedict XVI's first encyclical, *God Is Love*. He helps us appreciate the interplay, distinctiveness, and relationship of these dimensions of love. West succeeds as probably no other author could in marrying John Paul II's Theology of the Body with Benedict's *God Is Love*. This is one of those rare books that makes you wish the end would not come so soon.

Hardcover BTLS 166 pp. \$19.95

## God, Sex and the Meaning of Life (2 CD set)

by Christopher West, MTS

Christopher West draws on the spiritual riches of Pope John Paul II's Theology of the Body to explain the basic human questions: Why are we here, what does our life mean, how can I get the best out of life. Great stuff!

CD set CGSM 143 min. \$14.95

## Sexuality and Sanctity, The Christian Doctrine on Sex

by Joseph de Torre

Saint Josemaria Escriva, founder of the Opus Dei movement for the laity, was an inspired and enthusiastic advocate of the holiness of the sexual relationship in Christian marriage. Fr. De Torre here compiles St. Escriva's teaching on marriage, intertwining it with Pope John Paul II's teaching on sexuality. They wonderfully complement each other!

Softcover BCSS 187 pp. \$9.95

## Sex Au Naturel

by Patrick Coffin

The encyclical *Humanae Vitae* proclaimed the beauty of marital sex unburdened by the need to put obstacles in the way of fertility. This book explains and defends this teaching on the beauty of sexuality. Topics include dissent from *Humanae Vitae*, Scripture teaching on birth control, Natural Family Planning, the population explosion, and much more.

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## God's Instruction Book on Love and Sex

by Kim Hardey, MD

From his experience with many couples and from his own married life, Dr. Kim Hardey tells about God's plan for sex and marriage, which calls couples to love each other totally, freely, fruitfully, and faithfully, yielding great and lasting joy.

CD CGIB 70 min. \$5.00

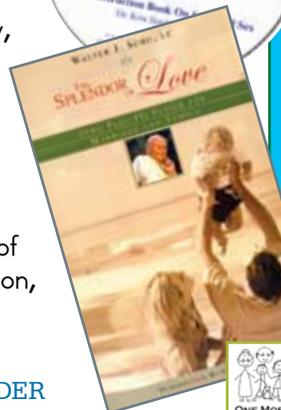
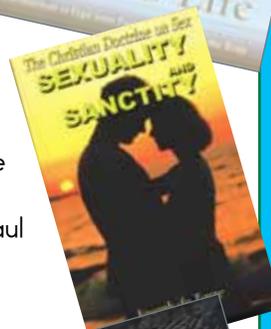
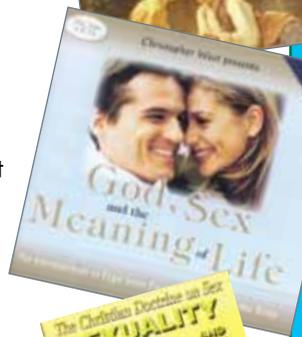
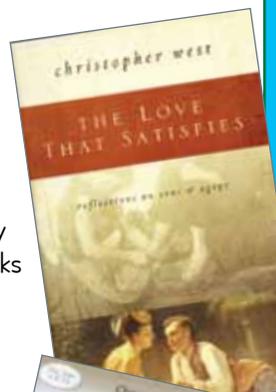
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The insights of Pope John Paul II, applied to hotly contested issues of modern life such as marriage, what constitutes a family, contraception, the value of human life, homosexuality, and much more.

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# Janet Smith, PhD



Professor Janet E. Smith has worked tirelessly to promote a culture of life by teaching the truth about human sexuality and family life. Beginning with her classic “Contraception, Why Not?”, Professor Smith has made publications that explain in clear, evocative language, why contraception is one of the greatest evils of our modern world, and why Catholic church teaching is both sensible and beautiful. Her works have influenced hundreds of thousands of persons and couples to choose the truth about sexuality and live by it.

## Natural Sex is Best

by Janet E Smith, PhD

Out of the enormous and growing body of research on sexuality, Professor Smith draws an impressive series of findings supporting sex based on love and commitment. It is amazing how science confirms belief in this area.

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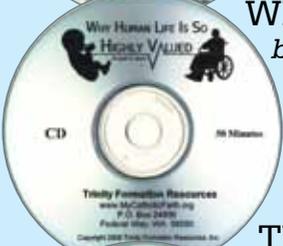


## Why Human Life is So Highly Valued

by Janet E Smith, PhD

Prof. Smith takes her tremendous understanding of philosophy and applies it to the question of why we humans are so highly valued. The result is very heady, and often thrilling.

CD CWHL 50 min. \$5.95



## The Eucharist, One Flesh Union, and Self-Giving Love

by Janet E Smith, PhD

Prof. Smith takes us through the meaning of marital love in the Scriptures, in philosophy, and in human experience. This is one of her best.

CD CTEO 53 min. \$5.95



## Healthy Passion

by Janet E Smith, PhD

Drawing on the writings of Pope John Paul II and on current research on human sexuality, Prof. Smith describes what she calls the “owner’s manual” for human sexuality. On a topic usually floundering in misinformation, she offers very practical and useful advice.

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## Humanae Vitae and Conscience

by Janet E Smith, PhD

Prof. Smith uses statements from saints, from the ecumenical council, and from various encyclicals to outline just what conscience is and is not. For a topic usually fogged in confusion, here is refreshing clarity.

CD CHVC \$5.95



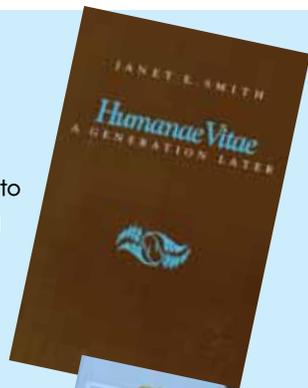
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This is not light reading, but extremely worthwhile.

Softcover BHVG 425 pp. \$25.95

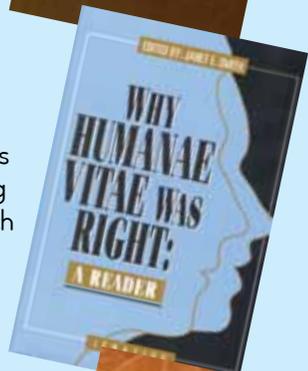


## Why Humanae Vitae Was Right

Edited by Janet E Smith, PhD

The editor gathers a stellar group of philosophers and theologians to comment on aspects of *Humanae Vitae*. The Church's teaching on contraception is superbly defended based on the Bible, Church teaching, and Natural Law. This book will make fascinating reading for the serious student.

Softcover BHVW 591 pp. \$27.95

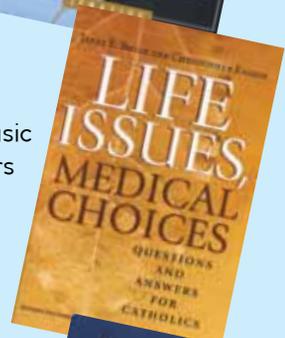


## Life Issues, Medical Choices

by Janet E Smith, PhD

There is a great need for clear, understandable answers to basic life questions. The authors give straightforward, usable answers to 57 questions, such as: how much medical treatment is too much? What can an infertile couple do? Is there a right to die, or to control our own bodies however we please? This book provides guidance for the millions of people face questions like these every year.

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## Humanae Vitae: A Challenge to Love

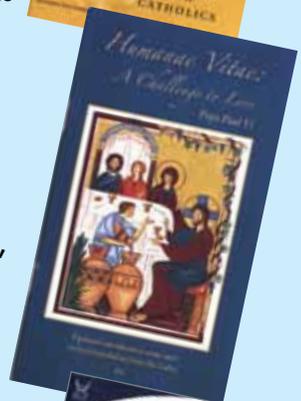
by Pope Paul VI

translated by Janet E. Smith, PhD

Dr. Janet Smith here provides a translation of *Humanae Vitae*, directly from the original Latin, and adds an article on themes and language of the encyclical. Many people consider this translation to be the most accurate and accessible available.

Booklet KHVT 57 pp. \$2.00

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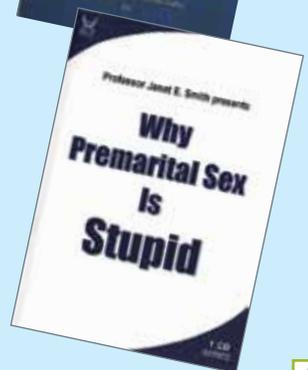


## Why Premarital Sex is Stupid

by Janet E Smith, PhD

Prof. Smith presents all the usual arguments for having premarital sex and then mows them down. She then goes into the research available on this question and pulls out fascinating findings literally by the dozen. Here is a rich and carefully reasoned presentation.

CD CWPS 71 min. \$8.95



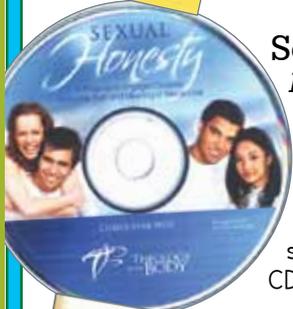


## Purity in an Impure Age

by Christopher West, MTS

Purity is not Puritanism, nor is it prudishness. Christian purity is the ability to see the mystery of God revealed through the body and sexuality. In this series of talks, Christopher West explains why purity of heart is the key to human happiness and brings true sexual liberation. Available as either a CD or DVD.

DVD set	DPIA	117 min.	\$24.95
CD set	CPIA	117 min.	\$14.95

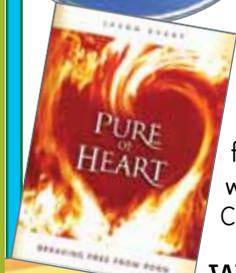


## Sexual Honesty

by Christopher West, MTS

Christopher West explores the "whys" of the Church's teaching on human sexuality, focusing on the true nature of human love as a reflection of God's love. *Sexual Honesty* explains the critical difference between contraception and Natural Family Planning and shows how couples can live "sexual honesty."

CD	CSHY	71 min.	\$9.95
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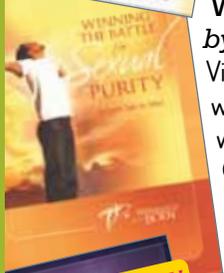


## Pure of Heart

by Jason Evert, MA

Pornography has harmed millions of lives by ruining men's ability to form loving relationships. With this series of talks, Jason Evert covers in wonderful detail just what a man can do to break free from this trap.

CD set	CPOH	331 min.	\$34.95
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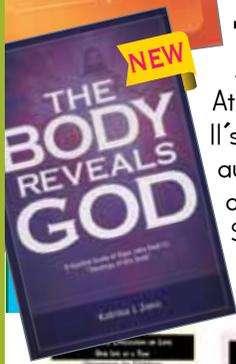


## Winning the Battle for Sexual Purity

by Christopher West, MTS

Virtually every man has a life-long struggle to overcome lust and replace it with real, practical love. Christopher West here shares his own experiences with this fight and provides a wonderful set of tools for winning this battle.

CD	CWTB	159 min.	\$19.95
DVD	DWTB	159 min.	\$24.95



## The Body Reveals God

by Katrina Zeno

At last! A How-To guide for reading the original audiences of John Paul II's Theology of the Body. Here are synopses of the points made in the audiences, explanations of papal terms, illuminating analyses of key quotes, discussion questions, and much more.

Softcover	BBRG	185 pp.	\$15.00
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## Civilization of Love Tools

by Vince Sacksteder

On our Roots of the Problem poster, five strategies are identified that can collapse the culture of death in our own lifetimes, replacing it with the Civilization of Love. This resource includes separate sheets of tactics for each of these strategies, allowing anyone, anywhere to take effective action to turn our culture around. An extra sheet is included on prayer, which is the necessary framework for the whole process.

Handouts	KCLT	6 pp.	\$1.00
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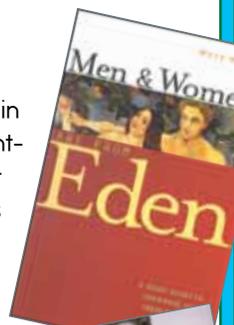


## Men & Women Are from Eden

by *Mary Healy*

Truly satisfying union of man and woman—that which humanity enjoyed in the beginning, before the Fall—is possible here and now. In nine straightforward lessons, *Men and Women Are from Eden* introduces the reader to the Pope John Paul II's warm, deeply biblical understanding of God's original plan for men and women, a plan that brings with it healing of mind in regard to sexuality and the body.

Hardcover BMAW 121 pp. \$8.99

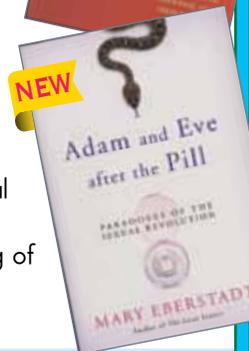


## Adam and Eve After the Pill

by *Mary Eberstadt*

This ground-breaking book by noted essayist and author Mary Eberstadt contends that sexual freedom has paradoxically produced widespread discontent. Secular and religious thinkers agree: the sexual revolution is one of the most important milestones in human history. Perhaps nothing has changed life for so many, so fast, as the severing of sex and procreation.

Hardcover BAEP 175 pp. \$19.95



## Family Affirming Fiction

### Stealing Jenny

by *Ellen Gable*

Jenny Callahan spends her life taking care of her growing family and her loving husband. However, her neighbor has sinister plans for Jenny and her unborn child that will challenge her strength of character and faith in God. A suspenseful, exciting read that will keep you "hooked" from cover to cover.

Softcover BSJB 203 pp. \$11.99



### Aliisa's Letter

by *Carol Van Der Woude*

Karin is a young labor and delivery nurse in Chicago. She is skilled and comfortable with all the technology associated with childbirth in a big-city hospital. But when her roommate becomes ill and dies from mysterious causes, Karin's plan for a successful life in Chicago falls into disarray, and she begins to question her life and career path. In the midst of her struggles, she is given a letter that was written long ago by her great-grandmother Aliisa, who came to Michigan as an immigrant from Finland. This gripping novel details Karin's search for answers to age-old questions about life, death, and faith.

Softcover BALF 219 pp. \$16.95

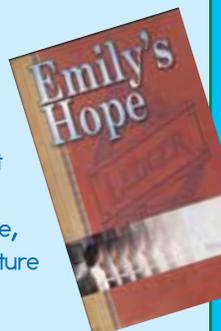


### Emily's Hope

by *Ellen Gable*

A novel telling the intertwined stories of the lives of Emily and her great-grandmother Katharine. Holds your attention and hard to put down. Those who have struggled with the Church's teaching on chastity, particularly NFP, will find much to relate to in this novel. While the book is definitely about NFP. It is about the love of husbands and wives, the love of parents for their children, and the agonizing moral choices we sometimes face. It is also about real people, not perfect people, but ones who are trying and about being witnesses to a culture of life in a world shadowed by the culture of death.

Softcover BEHE 361 pp. \$14.99



## Living the Single Life

### The Thrill of the Chaste

by Dawn Eden

Drawing on her life experiences and John Paul II's theology of the body, the author shows the fallacies of the modern-day sex-obsessed culture and, with intelligence and wit, explains why living chastity is "thrilling."  
Softcover BTT 212 pp. \$13.99

### How to Get To "I Do":

#### A Dating Guide for Catholic Women

by Amy Bonaccorso

Advice on everything from how to meet nice guys through your day to day social activities, events, or online dating. Online dating can be a little less intimidating for both introverts and extroverts because you can date without initially meeting someone face to face. There will always be a few bad apples, but that's no reason to give up.

Softcover BHID 176 pp. \$14.99

### How To Find Your Soulmate Without Losing Your Soul

by Crystalina & Jason Evert

Single women often feel left alone to find answers to their deep questions about love and intimacy. Some hang out and hook up, hoping for love. Others are afraid even to hope. At some point, every woman needs reassurance that she—and her standards—are not the problem. In this book, you'll discover twenty-one strategies to help you raise the bar, instead of sitting at it, waiting around for Mr. Wonderful.

Softcover BHFS 301 pp. \$9.00

### Christian Courtship in an Over Sexed World

by T G Morrow

For young adults trying to navigate the treacherous waters of dating and courtship. Contains a practical plan for chaste courtship, relationship basics, and the theological foundation for both. In the words of one reviewer, "This book is AWESOME!!!"

Softcover BOSW 299 pp. \$13.95

### Pornography: What's the Problem?

by Jason Evert

This is an extremely valuable pamphlet on the harmful affects of pornography and how to break free.

Pamphlet PPOR 2 pp. \$0.35

### Cohabitation: Should We Live Together?

by Jason Evert

Many people see cohabitation as a proper step before marriage. This pamphlet explains how cohabitation negatively affects relationships and marriage and what cohabiting couples should do.

Pamphlet PCOH 2 pp. \$0.35

## Woman: God's Masterpiece (2 CD set)

by Christopher West, MTS

What is the "feminine genius" that Pope John Paul II speaks about? Why can woman rightly be called "God's masterpiece?" West answers these questions and more. Building on the Pope's revolutionary Theology of the Body, he notes that woman's true greatness is the many ways in which she brings new life into the world.

CD set CWGM 109 min. \$14.95

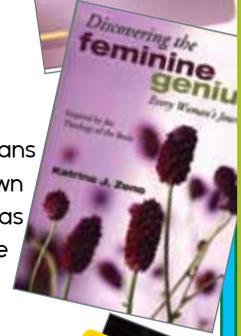


## Discovering the Feminine Genius: Every Woman's Journey

by Katrina Zeno

Katrina Zeno shares powerful and deeply personal reflections on what it means to be a woman while at the same time inviting the reader to reflect on her own experiences and to listen to the voice of God in her own heart. The author has studied long and deeply in the school of John Paul II, and with great skill she applies his wisdom to the practical realities of feminine life: what it means to be a wife, mother, worker, world builder, and daughter of God.

Softcover BEWJ 146 pp. \$10.95



## Reason to Believe

by Ron Tesoriero

A statue weeps and bleeds in the same city that Catalina Rivas writes profound teachings she says are dictated by Christ. Elsewhere, a communion host (bread) changes to living flesh. Are these claims true? What does Science have to say? This is a fascinating journey of Australian lawyer, Ron Tesoriero, in pursuit of answers. On the way he invites a well-known and highly respected journalist Mike Willesee to join him. What they discover will confront the mind and heart of every reader.

Hardcover BRTB 214 pp. \$22.00



## The Winning Side

by Charles E Rice

Dr. Rice gives a thorough and devastating analysis of the cultural trap the US has entered, and then provides detailed, workable tactics for national recovery.

Softcover BTWS 373 pp. \$14.95

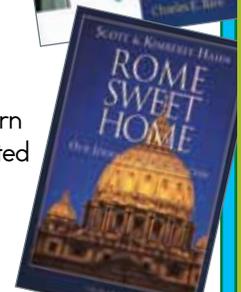


## Rome Sweet Home: Our Journey to Catholicism

by Scott and Kimberly Hahn

Rome Sweet Home is the conversion story of Scott and Kimberly Hahn. Learn the joys and struggles faced by two devout Protestants as they each converted to Catholicism. In their journey, they had to wrestle with many Catholic teachings on marriage and family life, and contraception in particular.

Softcover BRSH 210 pp. \$15.95

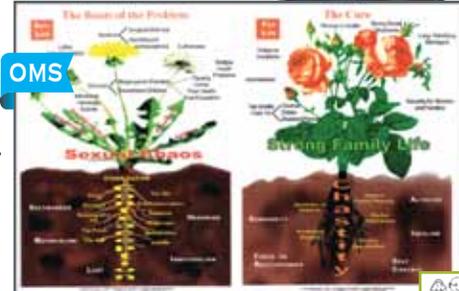


## Roots of the Problem Poster

This poster dramatically presents contraception as the root of the culture of death and chastity as the way to a healthy society. Includes an explanatory paragraph which can be displayed with the poster. The larger version of our poster is great for group presentations, larger displays, and more.

11 X 17" poster ZROP \$2.00

22" X 32" poster ZROPL \$9.95



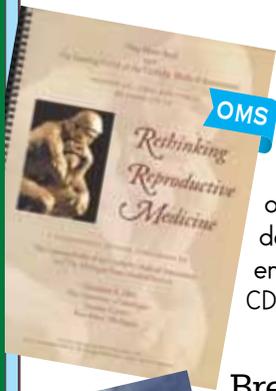
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Christian Sexuality

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# MEDICAL CONCERNS



OMS

## Rethinking Reproductive Medicine by Paddy Jim Baggot, MD; Janet Smith, PhD; Phillip Fleming, MD; Chris Kahlenborn, MD; Mary Davenport, MD

This collection includes 6 presentations (audio CDs and printouts of the overhead slides) from a seminar on some of the best recent developments in reproductive health care. Presenters strongly emphasize treatment without contraceptive hormones.  
CDs and book      SRRM      360 pp. \$10.95



OMS

## Breast Cancer, Its Link to Abortion and the Birth Control Pill by Chris Kahlenborn, MD



Dr. Chris Kahlenborn documents the effect that abortion and hormonal contraception have on breast cancer, as well as uterine, cervical, liver, and other cancers, and even the transmission of AIDS! The book gives special attention to black women, to various populations of the world, and to effective steps for prevention.

Softcover	BBCL	385 pp.	\$9.95
Hardback	BBCLh	385 pp.	\$12.95
PDF	BBCLpdf	385 pp.	\$6.00



## Discontinuing Contraceptives: One Pharmacist's Insights

by Lloyd Duplantis, Jr, PD

Dr. Duplantis describes his decision to stop dispensing contraceptives because of their harm to women and their abortive action. He gives helpful advice for other pharmacists in his position.

Pamphlet PDCP 2 pp. \$0.35

## Pivot Points

by George Delgado, MD

Dr. Delgado, a Family Practice doctor, shares the freedom he found in finally accepting the Catholic Church's teachings on contraception. He explains how *Humanae Vitae* and having children of his own opened his eyes and how the Church's teachings enabled him to be the healer he wanted to be when he became a doctor.

CD CPPO 30 min. \$5.00

MP3 CPPOm 30 min. \$1.00

## Breast Cancer Risks and Prevention

by Angela Lanfranchi, MD and Joel Brind, PhD

The ONLY breast cancer prevention guide we know of that features the two most preventable causes of breast cancer: abortion and hormonal contraceptives. This is an extremely important tool for women's health: every woman vitally needs this information.

Booklet KBCR 20 pp. \$3.00

## Breast Cancer, Abortion and the Pill booklet

by Chris Kahlenborn, MD

This booklet presents the summary, conclusions, and recommendations from Chapter 17 of the book *Breast Cancer, Its Link to Abortion and the Birth Control Pill*. A great resource for explaining just how dangerous abortion and contraceptive pills are.

Booklet KBCL 8 pp. \$1.00

## The Pill and Breast Cancer

by Chris Kahlenborn, MD

Newly-revised and updated in July 2011, this pamphlet shows how the Pill increases the risk of breast cancer, and effective strategies for prevention. Women who take contraceptive pills before their first full pregnancy are 44% more likely to develop breast cancer before menopause. This is a real eye opener for people who thought the Pill was harmless.

Pamphlet PBCP 2 pp. \$0.35

## How the Pill and Other Contraceptives Work

by Chris Kahlenborn, MD

Dr. Kahlenborn provides much scientific detail in a very user friendly format to show how contraceptive pills work. He gives special attention to the Pill's abortive action. In an appendix, he analyzes and refutes arguments from a group of doctors who asserted that the Pill does not cause abortions.

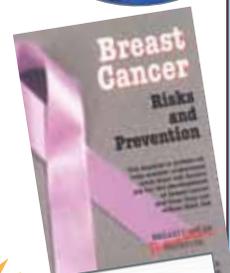
Booklet KHTP 20 pp. \$1.00

## Breast Cancer Risk from Abortion

by Chris Kahlenborn, MD

Information from the book *Breast Cancer, Its Link to Abortion and the Birth Control Pill*, presented in a short and highly persuasive format. We have received letters and phone calls about babies saved from abortion when their mothers read this pamphlet.

Pamphlet PBCA 2 pp. \$0.35



Medical Concerns

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# Postfertilization Effects of Oral Contraceptives and Their Relationship to Informed Consent

by *Walter L Larimore, MD and Joseph B Stanford, MD*

The authors examine the question of whether birth control pills interfere with pregnancy after fertilization, thus causing an early abortion. After summarizing the evidence from 1970 to the present, they conclude that there is "very good" evidence that the birth control pill has an abortive effect and NO evidence that it does not.

Booklet KPEO 8 pp. \$2.00

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# What About Birth Control?

by *Ann Moell, MD*

Dr. Ann Moell speaks to her patients from her heart about why she chooses not to prescribe contraceptives for them. This is a great resource for any doctor who has chosen to support patients in this way.

Pamphlet PWBC 2 pp. \$0.35

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NEW

# Is Vasectomy Worth the Risk? A Physician's Case Against Vasectomania

by *H J Roberts, MD*

This book deals with a highly controversial subject: the long term risks of male sterilization by vasectomy. The author asks: is vasectomy worth the risk, and presents a physician's case against the popularity of vasectomies.

Softcover BVWR 112 pp. \$16.99

# The Case Against Condoms

by *His Eminence Alfonso Cardinal Lopez Trujillo & Brian Clowes, PhD*

Cardinal Lopez-Trujillo delivers a searing critique of the promotion of condoms as a means to reduce AIDS, unintended pregnancy, and various sexually transmitted diseases. Current condom research makes it abundantly clear that they do not provide adequate protection against unintended pregnancy, AIDS, male gonorrhea, or anything else. Chastity is plainly the only humane approach to solving these problems. Brian Clowes gives an in-depth review of available condom research, which presents the same dismal picture of their "effectiveness," and further underscores the need for strong promotion of chastity.

Softcover BTCA 72 pp. \$7.95

# Effects of Light on the Menstrual Cycle and Fertility

by *Joy DeFelice, RN, BSN, PHN*

Women who have problems with fertility or miscarriage may find help in this study, which evaluates how light during a woman's sleeping hours affects her reproductive cycle, and suggests solutions for problem situations.

Booklet KEOL 30 pp. \$5.00

# The Dignity of a Person (Dignitatis Personae)

by *The Congregation for the Doctrine of the Faith*

A new (2008) and updated version of *Donum Vitae* (the Vatican statement on the rights and dignity of newly conceived humans). With wonderful clarity and passion, the authors discuss numerous reproductive issues: in vitro fertilization, cloning, use of embryonic stem cells, embryo adoption, and much more.

Softcover BDOP 48 pp. \$5.95

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# Diagnosis Critical: The Urgent Threats Confronting Catholic Health Care

by Leonard J Nelson III

The pressure on Catholic medical institutions and health care workers is at an alarming level as they struggle to uphold their faith in an industry that is confronting bioethical dilemmas every year.

Hardcover BDC 350 pp. \$29.95

# Catholic Guide to Medical Ethics

by Eugene F. Diamond, MD

Dr. Eugene Diamond addresses sexual moral issues and a wide variety of hard reproductive issues including the management of tubal pregnancies.

Softcover BCME 340 pp. \$12.95

# Science Tests Faith

by Ron Tesorier

Hear the story unfold as Science finds: Blood & Flesh, Human DNA, Heart Muscle and White Blood Cells, all in a Bleeding Consecrated Host as the truth of the Eucharist is revealed by science! Yet science cannot produce a detailed DNA profile from the Host nor from a bleeding statue of Christ. These intriguing and very extraordinary scientific findings are presented in detail in this DVD by compelling and thought provoking witnesses to their faith. The DNA and forensic studies present a strong testimony for a renewed love and belief in the true presence of Jesus in this Most Holy Sacrament.

DVD DSTF 104 pp. \$15.00

# Physicians Healed

edited by Cleta Hartman

Moving stories of 15 physicians who do not prescribe contraceptives and who promote Natural Family Planning. These are powerful accounts of conversion, courage, and conviction. Learn what moved these doctors to risk losing patients, income, and the respect of their peers. Many physicians have been converted after reading this book.

Softcover BPHC 144 pp. \$4.95

PDF BPHCpdf 144 pp. \$2.49

# Forbidden Grief: The Unspoken Pain of Abortion

by David Reardon PhD

There are grievous things our society forbids us to grieve for. Abortion is certainly one of these. You may have experienced abortion many years ago and never told anyone. You may be struggling with a more recent abortion. You'll find information here to help those who are seeking help after an abortion. It is a long journey full of emotions and heartache for those hurt by an abortion, but there is hope and healing.

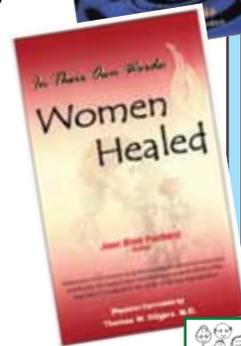
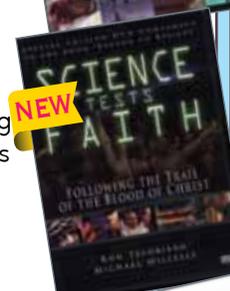
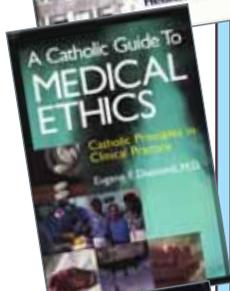
Softcover BFGU 330 pp. \$17.95

# Women Healed

edited by Jean Blair Packard

Testimonies of 50 women (and their husbands) whose lives have been enriched by the medical care, education, and research efforts of the Pope Paul VI Institute for the Study of Human Reproduction.

Softcover BWHH 248 pp. \$11.95



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# The Medical & Surgical Practice of NaProTechnology



by Thomas W Hilgers, MD

NaProTechnology, the use of scientifically accurate observations of women's monthly fertility cycles for diagnosis and treatment of women's health conditions, is one of the greatest technological advances of twentieth century medicine. This book is a comprehensive summary of NaProTechnology produced by the leading researcher in this field.

Softcover BMSP 1243 pp. \$209.95



## The NaProTechnology Revolution: Unleashing the Power in a Woman's Cycle

by Thomas W Hilgers, MD

This book is easy to understand and will give you a sense of the capability of the new women's health science NaProTechnology. "What every woman has a right to know about her body...her health...her future!" Raises awareness of problems that millions of women suffer and do not even know about.

Hardcover BNPT 436 pp. \$39.95

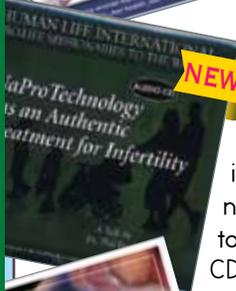


## NaProTechnology as an Authentic Treatment for Infertility

by Dr Phil Boyle

NaProTechnology is a natural technique for solving the problem of infertility while remaining faithful to Catholic social teaching. This is a new, scientific, holistic system, faithful to Catholic teaching, used in part to treat infertility, miscarriage & gynecologic health problems.

CD CNTI \$8.00



## Reproductive Anatomy & Physiology

by Thomas W Hilgers, MD

A compilation of anatomy, physiology, biochemistry, psychology and other information useful for the practice of NaProTechnology. Handsomely illustrated.

Softcover BRAP 206 pp. \$49.95



## Hooked: New Science on How Casual Sex is Affecting Our Children

by Joe S McIlhaney, Jr

Help your children through the teen years when new hormones are raging and threatening to take your teen out of control and have the potential of ruining his or her life. This book presents facts about promiscuous and premature sexual activity, instead of just speaking in terms of morals or family values. The material in this book is a powerful tool to help not only young people and children, but also adults.

Hardcover BHNS 165 pp. \$17.99



## Physician's Collection

A fully pro-life physician is a treasure indeed. This collection of pro-life resources can do wonders for a doctor's peace of mind and possibly for his or her soul. It includes *Physicians Healed* (stories of 15 physicians who exclude contraception from their practices), also includes *Breast Cancer: Its Link to Abortion and the Birth Control Pill*, two CDs and seven other publications.

Collection SHPP 13 items \$14.95



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# YOUTH MINISTRY

## Theology of the Body for Teens

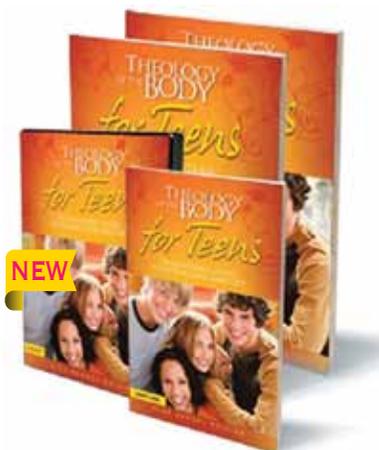
by Crystalina and Jason Evert

Pope John Paul II's revolutionary Theology of the Body is changing lives around the world through its positive portrayal of our sexuality as a good and essential part of love and life. *Theology of the Body for Teens* provides a format of 12 lessons from the Theology of the Body that teenagers can enjoy and understand. This program takes the two hottest topics on the planet—God and sex—and “marries” them through Pope John Paul II’s compelling vision for love and life.

This is the program you’ve been waiting for. Every day your teens are thinking about their sexuality as they are searching for meaning in their lives. Young people today need a program that helps them understand the significance of their sexuality and the purpose of their lives. Includes Student Workbook, Leader’s Guide, Parent’s Guide, and DVD.

Bundle SHSE 4 items \$134.95

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## Theology of the Body for Teens: Middle School Edition

by Crystalina and Jason Evert

Young people today need a program that helps them understand the significance of their sexuality and their future. Specifically designed for 6th through 8th grade, this program uses a great mix of stories, real-life examples, activities, prayers, and references to the culture that are relevant to lives of middle school students. Includes Student Workbook, Leader’s Guide, Parent’s Guide, and DVD.

Bundle SMSE 4 items \$114.95

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SELLER**



## Daughters Forever, Sons Forever

### Study Guide for Dads

by Linda Kracht

Instructions and tools for guiding a young man through the *Daughters Forever, Sons Forever* sexuality education program, including study assignments, background material for each lesson, reflection questions, and a variety of tools for starting discussion of the material with one's son.  
Spiralbound BDSFf 63 pp. \$14.95

### Study Guide for Moms

by Linda Kracht

Instructions and tools for guiding a young woman through the *Daughters Forever, Sons Forever* sexuality education program, including study assignments, background material for each lesson, reflection questions, and a variety of tools for starting discussion of the material with one's daughter.  
Spiralbound BDSFm 63 pp. \$14.95

### Study Guide for Daughters

by Linda Kracht

Study guide for a young woman following the *Daughters Forever, Sons Forever* program, including reading and listening assignments, content and reflection questions, and a variety of ways to start discussing the material with one's mother.  
Spiralbound BDSFd 52 pp. \$14.95

### Study Guide for Sons

by Linda Kracht

Study guide for a young man following the *Daughters Forever, Sons Forever* program, including assignments for reading and listening to talks, content and reflection questions, and a variety of ways to start discussing the material with one's father.  
Spiralbound BDSFs 52 pp. \$14.95

### Daughters Forever CD and DVD

by Linda Kracht

Eight talks for young women and their parents, on CD and DVD, which are a key part of the *Daughters Forever, Sons Forever* sexuality education program.  
CD CDSFd 240 min. \$29.95  
DVD DDSFd 240 min. \$39.95

### Sons Forever CD and DVD

by Kracht Linda

Eight talks for young men and their parents, on CD and DVD, which are a key part of the *Daughters Forever, Sons Forever* sexuality education program.  
CD CDSFs 240 min. \$29.95  
DVD DDSFs 240 min. \$39.95

### Sex Still Has a Price Tag

by Pam Stenzel

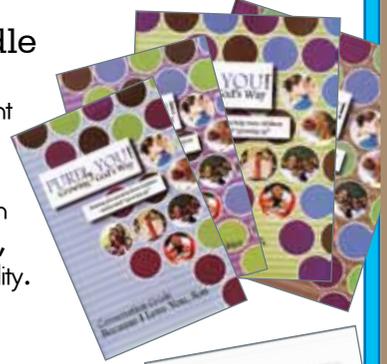
Young people today must have a compelling reason to commit to sexual abstinence. Nationally-known speaker Pam Stenzel provides many such reasons in this savvy DVD presentation. She outlines the consequences of sex outside of marriage, and teaches teens social skills for avoiding the trap of uncommitted sex.  
Faith based version DSSPf 66 min. \$29.95  
Public school version DSSPp 66 min. \$29.95

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## PUREly YOU ! Growing God's Way Bundle

by *Suzanne Lewis*

PUREly YOU! Growing God's Way is intended for pre-adolescent and adolescent children and their parents. Helping parents help their children understand growing up. PUREly YOU! offers parents (or other guardians) an explanation of the Church teaching on the importance of experiencing, physically, mentally, and spiritually, their role as primary educators on human sexuality. Bundle SPYS 4 items \$39.95



## If You Really Loved Me

by *Jason Evert, MA*

In a question and answer format, Catholic Answers apologist and author Jason Evert, discusses every aspect of chastity. He emphasizes that saying "no" to premarital sex is saying "yes" to authentic love. Using anecdotes drawn from stories he has heard in his speaking to youth and his own experience, Evert writes clearly and persuasively on the questions about dating, relationships, sexuality, and chastity that young people have asked him wherever he speaks. Softcover BIYR 200 pp. \$13.95



## Secret Keeper

by *Dannah Gresh*

This awesome little book is great for teen girls. Easy to read and filled with fun fashion tips and convincing reasons to dress modestly, *Secret Keeper* will educate girls on the power of modesty and the freedom that it brings. Softcover BSKD 90 pp. \$10.00



## Chastity and Dating: How Far is Too Far?

by *Jason Evert, MA*

An informative pamphlet on how to date chastely in our modern culture. Pamphlet PCAD 2 pp. \$0.35



## Modesty: What's the Point

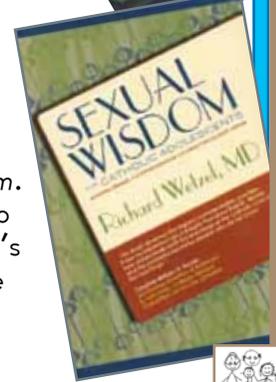
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by *Richard Wetzel, MD*

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## The Pure Life

by *Crystalina and Jason Evert*

This 12-part DVD series on living the pure life originally aired as a series on EWTN. The Everts, along with teens who share their own personal insights and experiences, offer hope, encouragement, and practical tips for living chastity. The 12 segments (30 minutes each) are: What's Love?; Media Lies; The Power of Modesty; Pornography: Who Does It Hurt?; Pure Pressure; Virginity; Starting Over; Standards; Are You a Date or a Soul Mate; Tough Issues; Following the Saints; and, Purity Is the Fruit of Prayer. The Pure Life is a powerful and beautiful resource and perfect for CCD teachers and youth ministers who want to show any or all of these 12 segments to their teens.

## Pure Love

by *Jason Evert, MA*

Jason Evert draws on his experiences talking with thousands of teens each year to answer their most frequently asked questions about chastity. His style is honest and straight-forward, and his love for teens is evident throughout.

Booklet KPLE 32 pp. \$2.95

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by *Jason Evert, MA*

Jason challenges young men to live as pure men in the world today, and offers spiritual tools, advice, and encouragement for the task. He answers the most common questions young men have about women, sex, and dating.

Booklet KPMH 51 pp. \$2.95

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by *Crystalina Evert*

Crystalina Evert shares her powerful personal story about why chastity matters and how to seek and find the love that satisfies.

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## Theology of Her Body/Theology of His Body

by *Jason Evert, MA*

This two part book reveals how John Paul II has gifted us with a wonderful life-giving vision of what it means to be a man, what it means to be a woman. Man's strength and woman's beauty are created in us by God to enable us to live to the fullest, now and in eternity! Through Jesus, we can start doing this right now!

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## Chastity: What Are You Saying Yes To?

by *Nicole Muhlenkamp and Kristie Wellman*

This pamphlet is for anyone who has ever wondered if there were better reasons to save sex for marriage than to avoid pregnancy or an STD (not that these aren't good reasons). Well, there sure are! Chastity is more than saying no to sex; it is saying yes to authentic real love, to the "it is very good" kind of sex, to God, and to much more!

Pamphlet PSYT 2 pp. \$0.35

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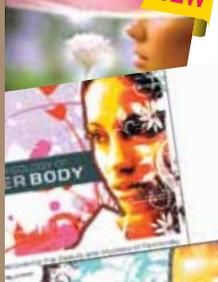
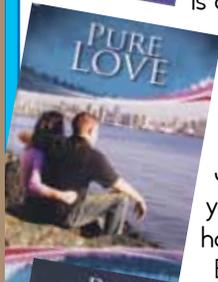
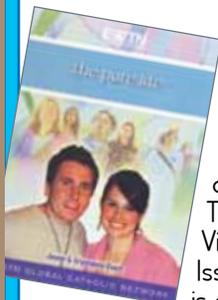


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Brief, high-impact profiles of two young women, one sexually involved with her boyfriend, one deliberately abstinent. The leaflet asks: "Which young woman is truly free?"

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by Chris and Linda Padgett

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Softcover BNMS 155 pp. \$12.99

## Real Love

by Mary Beth Bonacci

Mary Beth Bonacci takes chastity education very seriously and has made it her life work. The people (mostly young adults) she has spoken to have asked her thousands of questions. In this book she gathers hundreds of these and delivers witty, convincing and workable answers.

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## God's Plan for YOU!

by David Hajduk

John Paul II's Theology of the Body, presented in a simple, comprehensive way for young people. This book would be very helpful for educators and youth ministers who teach the Theology of the Body. Each chapter has questions for reflection and Catechism references for further reading.

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by J Budziszewski

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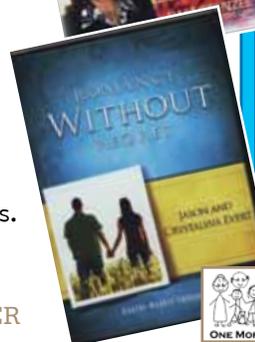
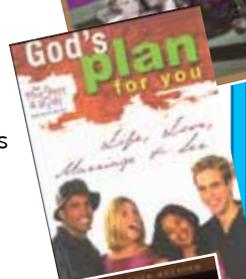
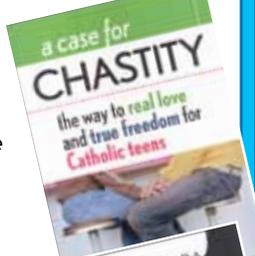
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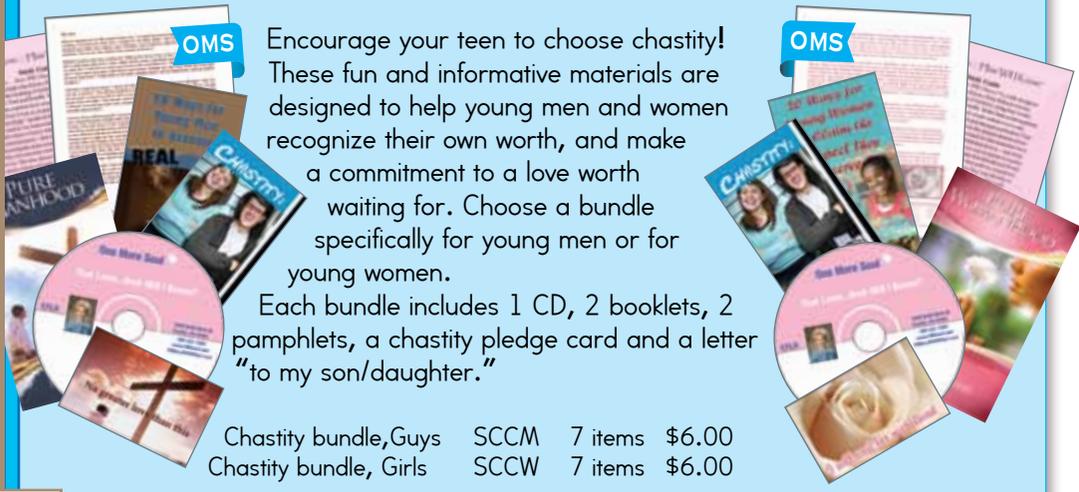
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Libro tapa rustica BBCCsp 39 pp. \$4.50

¿Por que usar la Planificación Natural de la Familia?  
por *Jason T Adams, MA*  
La Planificación Natural de la Familia (PNF) es uno de esos dones de Dios que sigue mejorando más y más. Este artículo, tomado del Libro Called to Give Life (Llamados a dar vida), presenta en forma sistemática las buenas consecuencias para las parejas que usan la PNF.  
Folleto PWUNsp 2 pp. \$0.35

¿Que es la Planificación Natural de la Familia?  
Una descripción completa de la Planificación Natural de la Familia—los métodos, las ventajas, los problemas potenciales con otros métodos de planificación familiar, y los recursos para entrenarse en PNF.  
Folleto PNFsp 2 pp. \$0.35



## El Reto de la Anticoncepción Para Aquellos que Respetan la Vida

por *Teresa Menart, MD*

La Doctora Menart premia la gente en el movimiento pro-vida a trabajar contra la anticoncepción. Ella nota que la mayoría de los anticonceptivos causan abortos. También, el uso de los anticonceptivos da a una relación sexual de modo que la pareja se oponga a tener niños, y el aborto puede parecer atractivo o aun necesario.

Folleto PCOCsp 2 pp. \$0.35

## Entendiendo la Píldora Anticonceptiva

por *Mary Martin, MD*

Sentido común sobre la píldora anticonceptiva por una Ginecologista con muchos años de experiencia.

Folleto PMSFsp 2 pp. \$0.35

## La Píldora vs la Planificación Natural de la Familia

por *Jose Fernandez MD*

El Doctor Fernandez describe el esfuerzo espiritual de remover los anticonceptivos y la esterilización de su práctica. El entonces explica el daño (físico, emocional y a la relación de la pareja) de los anticonceptivos, y los beneficios correspondientes a la Planificación Natural de la Familia.

Folleto PPNVsp 2 pp. \$0.35

## Duelo Prohibido: El Dolor no Expresado del Aborto

por *David Beardon, PhD*

Hay cosas dolorosas de las cuales nuestra sociedad nos impide hacer el duelo. El aborto es sin duda una de ellas. Usted puede haber experimentado un aborto hace muchos años y nunca se lo ha dicho a nadie. Usted puede estar luchando con un aborto más reciente. Aquí encontrará información para ayudar a aquellos que están buscando ayuda después de un aborto. Se trata de un largo viaje lleno de emociones y angustia para aquellos afectados por un aborto, pero hay esperanza y sanación.

Libro tapa rustica BFGUsp 363 pp. \$21.95

## Alternativas para la Píldora

por *Liliana Cote de Bejarano, MD, MPH*

Las píldoras anticonceptivas orales, conocidos también como "la píldora" se utilizan para la anticoncepción y para una variedad de problemas de la salud de la mujer. Los efectos nocivos de la píldora: problemas de salud, problemas sociales, problemas éticos, etc; han creado la necesidad de tratamientos alternativos. He aquí las explicaciones de los principales usos de la píldora, cómo funciona y alternativas.

Folleto PATPsp 2 pp. \$0.50

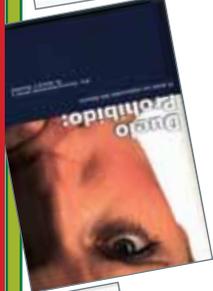
## La Solución

por *Steve Koob, PhD*

Subtitulado: Como llegamos de la anticoncepción por razones "serias" al aborto (aun al aborto por parto parcial/infanticidio) por cualquiera y toda razón, y cómo recobrar la cordura, Este folleto describe la historia de gran éxito del movimiento anticonceptivo en nuestro tiempo. Entonces describe estrategias fáciles para regresar a la forma que era antes.

Folleto PTCHsp 2 pp. \$0.35

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## El Riesgo de Cáncer del Seno Debido al Aborto

por *Chris Kahlenborn, MD*

Información contenida en el Libro *Breast Cancer, Its Link to Abortion and the Birth Control Pill*, presentada en forma breve y muy persuasiva. Hemos recibido cartas y llamadas telefónicas contándonos que las vidas de varios bebés fueron salvadas cuando sus madres, quienes consideraban el aborto, leyeron este folleto.

Folleto

PBCAsp 2 pp. \$0.35

## La Píldora y el Cáncer de Seno

por *Chris Kahlenborn MD*

Como la píldora aumenta el riesgo de cáncer de seno, y las estrategias efectivas para la prevención. Las mujeres que toman píldoras anticonceptivas antes de su primer embarazo tienen 44% incremento del riesgo de desarrollar cáncer de seno antes de la menopausia. Esto es un verdadero despertador para las personas que piensan que la píldora es inocua.

Folleto

PBCPsp 2 pp. \$0.35

## Las Dolorosas Consecuencias de la Anticoncepción y la Esterilización: Tres Testimonios Personales

por *Peggy Powell*

Historias conmovedoras de tres parejas que optaron la esterilización y más adelante recibieron la gracia de revocar esta opción

Folleto

PHCAsp 2 pp. \$0.35

## Problemas Asociados Con el Uso de Hormonas para el Control de la Natalidad

por *Pr. Juan Velez*

Cuatro médicos que no prescriben anticonceptivos dan razones médicas para esta decisión. Explican como los anticonceptivos causan muchos efectos nocivos médicos, sociales, y espirituales, y como la Planificación Natural de la Familia es una alternativa saludable y efectiva.

Folleto

PHPBsp 2 pp. \$0.35

## “La Píldora del Día Después” y otros “Anticonceptivos de Emergencia”

por *Lilliana Cote de Bejarano, MD, MPH*

Cuán efectivos son los anticonceptivos utilizados después del acto sexual y qué problemas están ligados con ellos.

Folleto

PMAFsp 2 pp. \$0.35

## ¿Qué Sabe Ud. Acerca del Control de la Natalidad?

por *Ann Moell, MD*

La Doctora Ann Moell le dice a sus pacientes desde su corazón porque ella elige no prescribir los anticonceptivos. Esta es una referencia magnífica para cualquier médico que haya elegido apoyar a sus pacientes de esta manera.

Folleto

PWBCsp 2 pp. \$0.35

## Los Dispositivos Intrauterinos (DIU/SIU)

por *Lilliana Cote de Bejarano, MD, MPH*

Este Folleto explica, en una forma corta y precisa, lo que toda mujer debe saber acerca de los efectos reales causados por el uso del dispositivo intrauterino y el sistema intrauterino.

Folleto

PIUDsp 2 pp. \$0.35

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## Amor y Familia: Formación de Nuestros Hijos en

### Adultos Responsables

por Mercedes Arzu Wilson

Un magnífico libro de consulta sobre la vida familiar. Desde principios básicos hasta dirección práctica y detallada, La autora provee lo que los padres necesitan saber para criar a sus hijos saludables en nuestra sociedad desordenada. El libro provee detalles sobre la controversia de la explosión demográfica, la anticoncepción, el aborto, enfermedades venéreas, y la Planificación Natural de la Familia.

Libro tpoa rustica BLFRsp 277 pp. \$25.00

## El plan de Dios para un Matrimonio Lleno de

*Alegria por Christopher West, MTS*

*El Plan de Dios para un Matrimonio Lleno de Alegria* es un programa de un día para las parejas que preparan para el matrimonio, dándoles los antecedentes de comprensión que ellos necesitan para dar la bienvenida al enfoque cristiano del matrimonio y vivirlo con entusiasmo. El Cuaderno de Parejas contiene resúmenes, lecturas, materiales para reflexión, y más. La Edición del Instructor tiene todo el material del Cuaderno de Parejas y ayudas de instrucción para los presentadores.

Edición de pareja BUFMsp 53 pp. \$6.95

Edición de instructor KJFMsp 95 pp. \$12.95

## Novelas

*Producido por Servicio Mariano de Comunicaciones*

Presentamos nuestros nuevos productos de audio las "Radio Novelas" Una forma innovativa de transmitir el mensaje acerca de los efectos de la anticoncepción, esterilización, y la reproducción asistida y las alternativas naturales, sanas y moralmente aceptables.

Disponibles en formato MP3 y CD

Encontrando Un Tesoro es la historia de una pareja joven de inmigrantes que por desconocimiento de las enseñanzas de la iglesia usan múltiples métodos de anticoncepción artificial. Después de mucho sufrimiento, siguen el consejo de su párroco y verdaderamente encuentran un tesoro.

La Pareja Perfecta Esta pareja tenía salud, un salario de seis cifras, una hermosa casa, dos hijos maravillosos, y una vasesectomía. En pocas palabras se sentían miserables. En esta radio novela usted descubrirá como esta pareja con la gracia de Dios encuentra la

sanidad, la plenitud y la verdadera felicidad.

**Mi Nuevo Doctor** es una historia de una familia que de una u otra forma experimenta los efectos adversos de la píldora anticonceptiva. Afortunadamente la tía conoce un nuevo doctor que le aclara muchas dudas y le enseña un método natural solo para planificar la familia sino también para cuidar la salud reproductiva. **Milagros** es la historia de una pareja que busca ayuda para lograr su anhelo de ser padres. Después de un camino de dolor e incertidumbre al no encontrar una solución efectiva y moralmente aceptable, su fe y esperanza los llevan a recibir más de un milagro.

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Mi Nuevo Doctor & Encontrando Un Tesoro CRN2sp \$5.00

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## Carta Encíclica Fe y Razon (Fides et Ratio)

por el Papa Juan Pablo II

Mucho daño ha sido hecho por la falsa creencia de un conflicto entre la ciencia y la religión, entre la fe y la razón. En este trabajo Juan

Pablo II resuelve este asunto.

Libro BFERsp 168 pp. \$3.95

## El Evangelio de la Vida (Evangelium Vitae)

por Papa Juan Pablo II

El Papa Juan Pablo II presenta un "plano" detallado para construir la Civilización del Amor, la cual es la única manera efectiva de vencer la Cultura de la Muerte. El explica cómo reemplazar una cultura de utilizar

a las personas con una cultura basada en el amor, y enfatiza que la

contracepción y el aborto son frutos del mismo árbol.

Libro BGOlsp 240 pp. \$4.95

## Esplendor de la Verdad (Veritatis Splendor)

por Papa Juan Pablo II

Nuestra cultura moderna ha perdido totalmente las bases de la moralidad. Juan Pablo II expone con una claridad maravillosa cómo nosotros podemos conocer la verdad y seguirla.

Libro BSOTsp 198 pp. \$3.95

## La Familia Cristiana en el Mundo Moderno

(Familiaris Consortio)

por Papa Jaun Pablo II

Esta exhortación apostólica proporciona el mapa para el matrimonio y la vida familiar cristiana en sus dimensiones moral, espiritual y evangélica. Da las estrategias detalladas para que las familias logren su gran destino como la fuente de la civilización verdadera, la civilización del amor.

Libro BEFCsp 164 pp. \$3.95

## Humanae Vitae

por Papa Pablo VI

En 1968 el Papa Pablo VI publicó este documento profético llamando a la Iglesia a la fidelidad radical a la visión de Dios para el amor humano y la vida familiar. En los años siguientes, sus palabras han llegado a tener cada vez mas importancia.

Libro KHVTsp 57 pp. \$2.95

## Matrimonio: Una Comunidad de Vida y Amor

por el Obispo Victor E. Galeone

Basándose en las Escrituras y en el sentido común, el Obispo Galeone comparte la sabiduría antigua y poderosa de la Iglesia sobre el matrimonio y la sexualidad. El trata extensivamente con las preguntas sobre la anticoncepción y la Planificación Natural de la Familia.

Folleto PMCLsp 2 pp. \$0.35

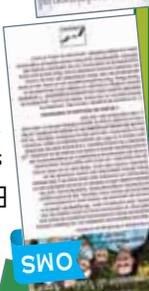
## El Amor Matrimonial y el Don de la Vida

por la Conferencia de los Obispos Catolicos del EE UU

Los obispos de Estados Unidos examinan el "plan de Dios para la vida y el amor matrimonial," y encuentran que es, "mucho más rico y más satisfactorio" que, el enfoque "empobrecido, y hasta triste" tomado por nuestra cultura actual. Exploran el significado del amor matrimonial, de la Planificación Familiar Natural, y de las consecuencias asperas del uso extenso de contraceptivos. Impulsan a las parejas a que: "No tengan miedo!" a seguir el plan de Dios.

Manual KMLGsp 20 pp. \$2.00

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# RECURSOS EN ESPAÑOL

**Buena Nueva Sexo y Matrimonio**  
*por Christopher West, MTS*  
Subtitulado: "Respuestas a sus preguntas honestas acerca de la enseñanza católica," este Libro toma docenas de las preguntas más duras acerca de la sexualidad humana y les pone el entusiasmo de Chris West, su gran perspicacia, y su alegría en la verdad. En las manos de Chris los problemas más molestos en el enfoque católico del amor sexual llegan a ser definitivamente Buenas Noticias.

Libro tapa rustica BGNAsp 200 pp. \$12.00

## El Matrimonio es Para Siempre

*por John F Kippley*

Un guía para las parejas que desean vivir el Sacramento del Matrimonio a plenitud. Incluye orientaciones y testimonios de parejas en temas relacionados con: la luna de miel, las finanzas, la comunicación, el método de planificar su familia, etc.

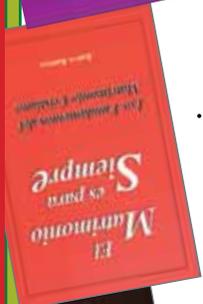
Libro tapa rustica BMFksp 116 pp. \$6.95

## Dios es Amor (Deus Caritas Est)

*por Papa Benedict XVI*

Todos sabemos que el amor es la solución para los desafíos, grandes y pequeños, de nuestro mundo. En este corto documento, el Papa Benedicto XVI nos ayuda a enfocarnos de nuevo en el significado verdadero de la vida. El utiliza un idioma que habla directamente al corazón y abre los secretos del corazón de Dios.

Libro tapa rustica K GIL 64pp \$7.95





# Una Carta de Steve

Queridos amigos de Un Alma Más,

¡Saludos y los mejores deseos para usted en el nombre del Señor!

La familia de trabajadores y seguidores de Un

Alma Más se complace en ofrecerle esta Guía de Recursos de Un Alma Más para el año 2013. Esta

guía está basada en la revisión muchos, muchos de los recursos y la selección de sólo los que creemos que son los mejores disponibles. Por favor, hagamos saber excelentes materiales de los temas que abordamos que no estén incluidos aquí

Rezo para que usted atesore esta "Guía de Recursos" y encuentre en Un Alma Más una fuente completa de información de soporte para su diócesis, parroquia, escuela, consultorio médico, y otros ministros y apostolados que fomenten la pureza, el matrimonio, la castidad y la familia.

Un Alma Más existe para servir a Jesús y su novia — la Iglesia. Por favor llame gratis al número (800-307-7685) o escríbame al correo (Steve@omssoul.com). Yo / nosotros hacemos mi / nuestro mejor esfuerzo para servirle.

¡Dios le bendiga y a todos aquellos a quienes usted sirve!

Steve Koob, Director de Un Alma Más

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S4 Daños de la Anticoncepción

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