

ONE MORE SOUL

Spring

FOSTERING GOD'S PLAN FOR LOVE, MARRIAGE, AND PROCREATION

Why Does the Liturgy Matter in Promoting a Culture of Life?

By Steve Koob

It is my opinion that for priests to courageously preach and teach Catholic Church doctrine on contraception, they will need great grace that can only come from the Source and Summit of the Christian Life—the Liturgy. Furthermore, I think that this infinite source of grace can only be tapped to a degree commensurate with the holiness of the Mass being offered, and that depends on many factors. Here we address only the orientation of the priest during the Liturgy of the Eucharist.

Father, why do you face the people when offering the Sacrifice to the Lord?

“That is the way we were trained to say Mass in the seminary. I think it was initiated following Vatican Council II when many other changes were made, like removing the communion rail, and receiving Holy Communion in the hand while standing.” (Common responses)

Why were these changes made, changing the long tradition of the Church?

“I really don’t know. They were made really quickly.” “The Novus

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How Children Bless their Parents

By Vince Sacksteder III

Children are treasures.

Jason Adams, a One More Soul author and a friend of mine, once wrote: “Once I worried about what I would have to give up in having children; now I know there is nothing that I would not give up for my children. They are infinitely more valuable to me than anything I own.” My own experience confirms this. My children have proven to be more valuable than everything else I have.

Children help us value the future.

Every child helps us look to the future. Once we have a child, we

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“How can there be too many children? That is like saying there are too many flowers.”

Mother Teresa



Radio Maria

As host for “The Quest for a Culture of Life in America” live Tuesdays at Noon ET, I am blessed to learn from authorities on a great variety of topics relevant to our culture and faith. I want to acquaint you with some of our recent guests and topics on “The Quest”- and invite you to listen to these 50 minute programs by going to radiomaria.us/questforlife/ .

Feb 23—Brian Murphy commented on Pope Francis’ recent on-plane interview about contraception. Like most commentators, Brian is alarmed by the Pope’s apparent endorsement of contraceptive use in very difficult situations. Brian also explains how contraception hurts the poor, the real causes of poverty, and the keys to prosperity.

Feb 16—Ellen Giangiordano addressed the unconstitutionality of Third Party Reproduction (TPR). Ellen is an attorney, writer and stay-at-home mom. The Holy Spirit led her to an interest in people who have been conceived by anonymous donors (sperm, egg, or womb). She compared the similarities between TPR and the slave trade and how the Constitution is relevant.

Feb 9—Rocco Martino has written three Triduum novels that fill in Biblical gaps. Rocco is a rocket scientist, entrepreneur, and author of the trilogy—*The Resurrection: A Criminal Investigation*; *The Cross of Victory*; and *Christianity: A Criminal Investigation*. See the movie *Risen* and compare it to Dr Martino’s book, *The Resurrection...*, a great Paschal Season read.

Feb 2—*On the Family* by Pope Francis is summarized by Mark Brumley, President of Ignatius Press. In 27 short chapters taken from his Wednesday audiences, Pope Francis proves he is a great theologian in a different style than his predecessors, reflecting on motherhood, fatherhood, blessings of children, marriage, death, work and more.

From the Director

Dear Friends of One More Soul,

The Holy Father’s interview on the flight to Rome on February 17/18 has generated huge attention to what the Catholic Church does and does not teach about contraception—specifically what exceptions (if any) are permitted for the use of contraception.

The supposed exception for rape-threatened-nuns in Africa was mentioned by the Pope and has since been set aside as a myth.

Most commentators have expressed alarm caused by yet another confusing off-the-cuff statement that could be interpreted as inconsistent with Church teaching.

My take on this is that the Holy Spirit is working through/with Pope Francis to provide a great opportunity—obligation even—for the Catholic clergy to clarify for the masses (and preferably, at Mass) what the Church (Jesus) teaches about contraception.

Our website (www.OneMoreSoul.com) offers many resources to assist teachers and homilists:

- “Getting Beyond I Can’t” by Fathers Matthew Habiger, OSB, PhD, and Daniel McCaffrey, STD. (Order code **PGBI**)
- *Called to Give Life, A Primer on the Blessings of Children and the Harm of Contraception*, by Jason Adams, includes

many sample homilies and Scriptural opportunities for use during the liturgical year. (Order code **BCTG**)

- Janet E Smith’s translation (from the Latin) of *Humanae Vitae*, with introductory essay, including an important 2009 correction. (Order code **KHVT**)

May God bless you abundantly.

PS Some of this OMS newsletter’s content may be unwelcome to some readers. I am sorry for that; I certainly don’t want to offend anyone. But I would not be true to my own conscience if I omitted truths that I am convinced are essential to educating you about the blessings of children and the harm of contraception—the One More Soul mission!

PPS We continue to need your financial support in the form of charitable gifts. By your purchases of our resources for sharing with pastor, family, teachers, and friends you will be extending the OMS reach beyond our mailing list, which is very important.

Correcting a *Humanae Vitae* Mistranslation

It is safe to say that Professor Janet E Smith has written more and spoken more often about contraception than anyone else, ever. Her translation of Pope Paul VI’s 1968 encyclical *Humanae Vitae* from the Latin, and with a very helpful ‘Introductory Essay’, is widely respected and read because of her graduate degrees in Classical Languages and her scholarly study over three decades. She recently (2009) made a small yet very significant change to her original (1991) translation. “Responsible parenthood” was changed to “conscious parenthood” as a more precise translation of “*paternitatem consciam*”. In addition to being a more accurate translation, removing “responsible parenthood” has the very important benefit of removing terminology that often is interpreted to mean using contraception and abortion to limit family size—a purpose sanctioned by

Margaret Sanger, Planned Parenthood, the Gates Foundation, our government, the UN and wealthy countries. This revised translation with Introductory Essay is available from One More Soul as **KHVT**. Thank you Professor Smith!



LITURGY *Cont. from page 1*

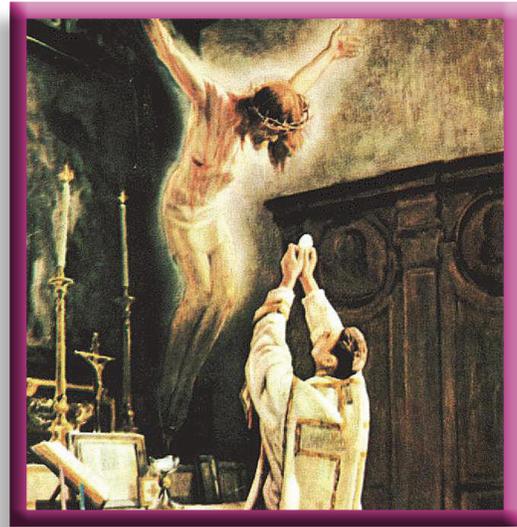
Ordo has completely disoriented Catholics. There needs to be a complete top to bottom re-catechizing on just what the Mass is about—worshipping God.” (Two priests)

Why are all the Masses during Advent [2014 & 2015] at the Cathedral of the Risen Christ in Lincoln NE being said *Ad Orientem*? (Asked of Bishop James Conley)

“I was really introduced to the Novus Ordo, celebrated *Ad Orientem* (AO), in a monastery in France. That (AO) means towards the altar, towards the east. In this case it was actually toward the geographical east; many places it’s not. But the idea, more importantly, is not the direction of east, but that the priest is standing facing the altar, facing God with the people so that he is standing there at the altar, representing the people and offering the holy sacrifice to God, as was the orientation of the priest for centuries. It was really only after the Second Vatican Council that permission to celebrate the Mass towards the people was allowed. And it’s interesting if you read the document [*General Instruction of the Roman Missal*], you can tell it wasn’t intended to be the norm. And the council fathers didn’t intend it to be changed that way, it was just allowed. Well, it became the norm, as we know. Very rarely do you find a place that celebrates the holy sacrifice of the Mass *Ad Orientem*, or towards the altar.” (Bishop James Conley, Diocese of Lincoln Nebraska, Radiomaria.us/questionforlife/ December 09, 2014—*Bishop James Conley on Liturgy, Synods and the Diocese of Lincoln*)

Does *Ad Orientem* refocus the Mass on God and less on the people, and less on the celebrant?

“Well that’s it; I think that’s one of the reasons the orientation is so important not only for the people, but also for the priest himself. It’s less distracting for the priest, because he’s concentrating on the sacrifice and he does not have to keep eye contact with the people. Also for the people it’s sort of a signal to them that now we’re at the altar and in solidarity with the priest celebrant and we’re offering this sacrifice to God. It just seems to be more appropriate for that part of the Mass. And at that point in the Mass it just seems appropriate that we would all be standing together facing the Lord, and the priest



representing the people, sacrificing at the altar, they would all be facing the same direction. I can really sense the power of the prayer of the people behind me as I’m offering the consecration for example. And I didn’t really sense that until I celebrated it.” (Bishop James Conley)

What does Cardinal Joseph Ratzinger say about *Ad Orientem*?

“On the other hand, a common turning to the east during the Eucharistic Prayer remains *essential*. This is not a case of something accidental, but of what is *essential*. Looking at the priest has no importance. What matters is looking together at the Lord. **It is not now a question of dialogue but of common worship, of setting off toward the One who is to come.** What corresponds to the reality of what is happening is not the closed circle but the common movement forward, expressed in a common direction for prayer.” (Joseph Cardinal Ratzinger, *The Spirit of the Liturgy*, p. 81, emphasis added)

There is anecdotal evidence that priests who say Mass *Ad Orientem* (and may have instituted other traditional practices) do proclaim Church teaching on contraceptive use and thus have vibrant parishes with many families and lots of kids.

What do you think? Please drop me a note at steve@omsoul.com.

Novels to Bless your Paschal Season

Rocco Martino is a rocket scientist turned author of three Bible based novels situated during Jesus’ time. *The Cross of Victory* and *The Resurrection: A Criminal Investigation* will be especially fascinating reading during the final weeks of Lent, particularly during the Triduum. Rocco creates the dialogue the Bible omits—much like movies “The Passion of Christ” and the recently released “Risen”. See

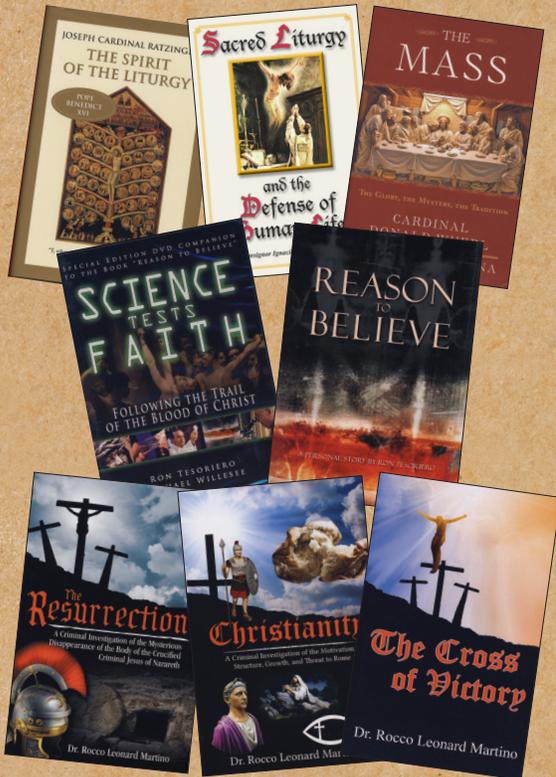
“Risen” and compare it to *The Resurrection: A Criminal Investigation*. These stories are totally faithful to the characters and situations in Sacred Scripture and bring all the players into your mind with great clarity. For example, in the *The Resurrection*, the Roman Centurion Quintus is sent to Galilee to find the body of Jesus and determine the possibility of a Christian uprising that could force Rome to send legions to restore order. Quintus interrogates every Biblical character from Mary Magdalene to Pontius Pilate. I suggest you get all three and rotate them among family and friends. *Christianity: A Criminal Investigation* is similar to *The Resurrection* but deals with Christianity in the expansive Roman Empire. Please see page 4 to order (Order codes **BTCV**, **BTRC**, and **BCCI**).



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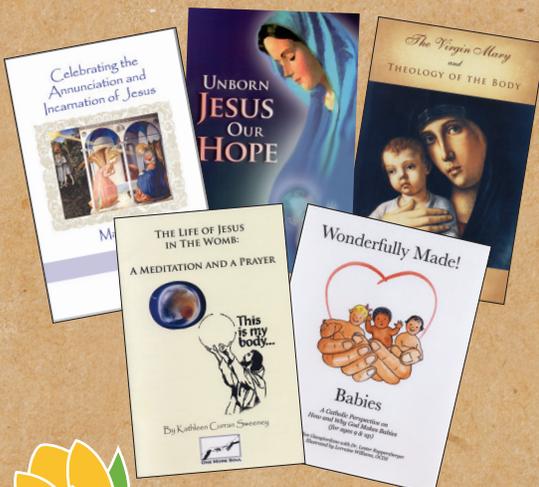
by Dr Rocco Leonard Martino
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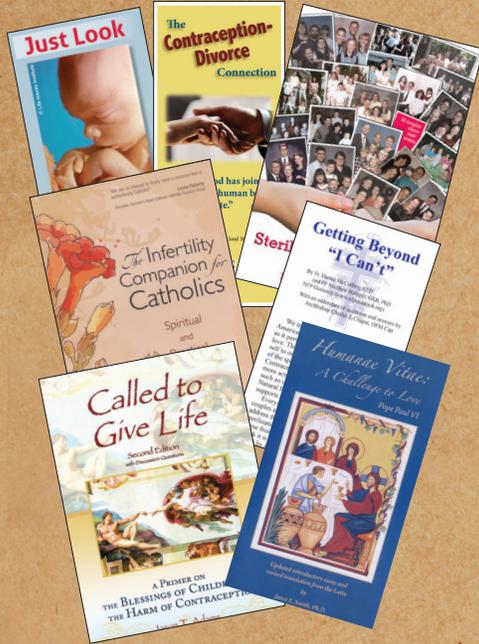
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Getting Beyond "I Can't"

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Called to Give Life

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Fertility Care News

By Lili Cote de Bejarano MD, MPH, CFCP

One More Soul has opened its doors to FertilityCare™ services since 2011 as a part of our mission to foster God's plan for love, marriage and children. Through Santa Ana Fertility Care Center, an affiliate of FertilityCare™ Centers of America, more than 100 women and couples have received training in the Creighton Model FertilityCare™ System to achieve or to postpone pregnancy.

This truly is a complete fertility system not only for married couples but also for women from adolescence to menopause. Knowing the body's language of health and fertility has a profound effect on every woman. The system gives healthy and effective alternatives to reproductive health issues and also affirms the dignity of each woman by giving her necessary tools to monitor her health throughout her entire reproductive life.

Once the system is properly learned, the science of NaProTechnology® can be applied to help in the diagnosis, evaluation, and treatment of several gynecological and procreative issues in women from adolescence to menopause. Referrals to local NaProTechnology® trained physicians have been made for clients suffering from reproductive health issues such as infertility, cycle irregularities, heavy bleeding, and more. We are very proud to report that 12 healthy babies have been born to couples coming to our center seeking a solution to their infertility.

In order to learn NaProTRACK™ (the fertility cycle using the Creighton Model FertilityCare™ System), you need to schedule an introductory session and get the FertilityCare kit, which includes the user manual, the Creighton Model FertilityCare™ System chart, and stamps. For long distance clients, every fertility kit includes a Picture Dictionary. Five follow-up sessions are recommended during the first three months, and three follow-up sessions can be scheduled over the next nine months.

A free introductory session will be available during the month of April. Please contact One More Soul (1-800-307-7685) to set up your appointment.

“Father, why don't you promote NFP?”

By Steve Koob

The young priest responded, “Why should I do that? We need MORE children, not fewer.”

His perception was that Natural Family Planning (NFP) is primarily promoted for *prevention of conception and birth*.

Sacred Scripture warns against married couples abstaining from sexual intercourse, “Do not deprive each other, except perhaps by mutual consent for a time, to be free for prayer, but then return to one another, so that Satan may not tempt you through your lack of self-control.” (1 Corinthians 7:2)

Couples are here warned that deprivation may be an “occasion of sin”, tempting one/both to masturbation, pornography or use of contraception during the fertile phase.

God did not fully reveal the scientific foundations for NFP until the birth control pill was widely accepted in the 1960s. Why? Did He feel merciful for couples living in an over sexualized culture where sexual pleasure is expected without risk of pregnancy?

Or did God intend that fertility awareness knowledge be used primarily for *conception achievement*? All NFP methods have this option. Natural Procreative Technology (NPT) developed since 1968 by Dr Tom Hilgers at the Pope Paul VI Institute is particularly effective in treating infertility. Compared to IVE, NPT is more successful, much less expensive, totally moral and healthier for mother and baby.

Suppression of ovulation consequent to natural breast feeding is referred to as the Lactation Amenorrhea Method (LAM), and as Ecological Breast Feeding (EBF) by Sheila Kippley. She identified Seven Standards for EBF, that when faithfully followed almost guarantee significant baby spacing, and good health for baby and mother. See <http://nfpandmore.org/wordpress/?cat=5> . Perhaps this truly *natural* family planning is the method He revealed in the Garden of Eden and is still THE most popular method in countries considered “under developed”.

What does God want? Think about it!



start being concerned about how that child will be doing 5, 10, 20 years from now. We start making plans for the future, and we take steps to fulfill those plans. Children strengthen our hope for a great future.

Children open our hearts.

If we never concerned ourselves with mercy and compassion, or with trust and fidelity, suddenly these virtues become very important to us. Seeing our children grow up opens to us vistas of who we can be, vistas that were hidden before.

Children toughen us.

Maybe I was a whiner; maybe I couldn't bear setbacks or obstacles; maybe I felt that life was too much for me. Now, with children, I have a motivation to just get over those things and press on with life. I have become a more solid citizen and more valuable to myself and to those around me.

Children show us new things.

Children have new eyes and new approaches to life. One of my daughters is an artist and is constantly finding new ways to make our home beautiful. One is a great organizer and frequently helps put family events together, to say nothing of organizing events of her own. Each has strengths that we as parents did not have and each contributes something fresh to the family.

Children help us treasure the present moment.

Little children live in the present and mirror to us just how valuable the present is. For them the thing they are doing right now is

the most important thing in the world. What a lesson for us all.

Children become adults.

One of the most wonderful things about children is that they grow, and grow and grow. They become as large as we are and often larger and stronger, physically and spiritually as well. We learn to lean on them for many things we never could do, or can no longer do.

Children make wonderful friends.

A friend is glad to see us no matter what, and always glad to do something for us, if at all possible. Children are like that; they love us and are not afraid to show it.

Children teach us discipline.

When it comes to holding our temper, doing a task we really don't want to do, or stretching ourselves a bit more than we would be inclined to, children excel, especially small children. New babies, particularly the first baby, make parents many times more patient, more loving, and more accommodating than they ever were before.

Children reflect God to us.

God's presence shines from the eyes of newborns and radiates from the simplicity of small children. God is shared with us by the wisdom that comes to us from grown-up children, and also the wisdom that we share with them, wisdom that we didn't know we had. God's presence grows in the love that is shared between us and our children.



Celebrate the Solemnity of the Annunciation of Our Lord

On April 4, the universal Church will celebrate the **Solemnity of the Annunciation**—the moment God became man in the person of Jesus Christ—when the angel Gabriel appeared to the Virgin Mary *announcing* that she had been chosen to be the Mother of Our Lord. Thus Jesus was conceived by the Holy Spirit and became incarnate in Mary. By becoming a member of our human family, Jesus our Brother infuses a divine aspect into all human life.

This is the greatest event in all of human history. God took a full share of our life, and even our death, so that we could share His eternal life in Heaven.

The *Annunciation of Jesus* is very important to the defense of human life from conception to natural death.

You can celebrate the Annunciation and Incarnation of Jesus by

- Praying to Mary for help in saying yes to God's plan for *your* life. Pray the Angelus & Memorare.
- Act out the Joyful Mysteries using **KCAI** in your home, school or Church. The mental pictures will enrich your prayers for years.



- Ask your pastor to schedule a special Mass on April 4th to honor Mary and Jesus being together for the first time! In Dayton, Holy Angels Church will host a *Solemnity Mass of the Annunciation* (7:00 pm) with special blessings for mothers expecting a baby, and families who have lost a child. Hospitality and a presentation on *Our Lady of America* follow. For more information please see www.OneMoreSoul.com.

Selected Messages from Our Lady of America

as told to Sister Mary Mildred Ephrem

Our Lady promised that greater miracles than those granted at Lourdes and Fatima would be granted here in America, the United States in particular, if we would do as she desires. These are the words she spoke to me at this time:

"I am pleased, my child, with the love and honor my children in America give to me, especially through my glorious and unique privilege of the Immaculate Conception. I promise to reward their love by working through the power of my Son's Heart and my Immaculate Heart miracles of grace among them. I do not promise miracles of the body, but of the soul."

The next morning...solemnly and distinctly, in calm yet majestic tones, I heard these words:

"I am Our Lady of America. I desire that my children honor me, especially by the purity of their lives."



"My child, I entrust you with this message that you must make known to my children in America. I wish it to be the country dedicated to my purity. The wonders I will work will be the wonders of the Soul. They must have faith and believe firmly in my love for them. I desire that they be the children of my Pure Heart. I desire, through my children of America, to further the cause of faith and purity among peoples and nations. Let them come to me with confidence and simplicity, and I, their Mother, will teach them to become pure like to my Heart that their own hearts may be more pleasing to the Heart of my Son." (Sept, 1956)—<http://www.ourladyofamerica.org/messages.php>. See also www.ourladyofamerica.com and www.ourladyofamericausa.org.



We at One More Soul are pleased to offer the resources listed below to share the message of Our Lady of America. Please join us in promoting this devotion to purity as Our Lady requested!



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Booklet LOAD 44 pp. \$4.95

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Card & Medal LASM 3/4" x 1" \$15.00

